Heather T. Forbes is the owner of the Beyond Consequences Institute and author of numerous books on the topic of working with children impacted by trauma. Coming from a family of educators, Heather has a passion for helping children in the classroom. Trauma robs children of their curiosity and her passion is to help these students return back to their innate love for learning. She consults and lectures extensively with both general and special education schools around the nation.

Her signature style is to bridge the gap between academic research and “when the rubber hits the road” classroom situations, giving teachers and school personnel the understanding and tools they need for even the most challenging of students. Heather has worked in schools with trauma-impacted students and knows first hand how challenging it can be on a day-in and day-out basis with these students.

MISSOURI SCHOOL COUNSELOR ASSOCIATION
2019 SATURDAY INSTITUTE

Saturday, November 2 • 9:00am - 4:00pm
Tan-Tar-A Resort, Osage Beach, MO
$150 (members) • $250 (non-members) - Register online at moschoolcounselor.org

This is Your Brain on Trauma: Strategies for Implementing a Trauma-Informed Model

Are our students ready to learn? The national trauma-informed movement has shed light on the impact that trauma has on the brain and has answered this question: No. Children impacted by trauma come to school stressed out, emotionally charged up (or completely shut-down), and in a state of survival.

Understanding our students’ ACE scores is a start, but learning how to apply this knowledge in interactions with students is the other half and is often the most difficult and most misunderstood.

Switching from a behaviorally based approach to a trauma-informed approach involves embracing an entirely new paradigm—a new way of thinking, perceiving, and relating.

This training will help participants deepen their practical understanding of how to apply the science of trauma in their schools and how to support educators in adopting this model.

Examples, role-plays, and demonstrations will be incorporated in to help participants return back to their schools with practical tools and effective strategies. Participants will leave this training feeling more confident and more inspired with a deep sense of knowing exactly what to do to help even the most challenging of students.

Presenter: Heather T. Forbes, LCSW

Heather T. Forbes is the owner of the Beyond Consequences Institute and author of numerous books on the topic of working with children impacted by trauma.

Coming from a family of educators, Heather has a passion for helping children in the classroom. Trauma robs children of their curiosity and her passion is to help these students return back to their innate love for learning. She consults and lectures extensively with both general and special education schools around the nation.
This workshop will introduce participants to the basics of the opioid epidemic, specifically in Missouri. It’s critical that school counselors know and understand what opioids are, how they affect the direct and indirect victims, and the impact of trauma on our students and families. Schools are at the crossroads of the trauma brought about by this epidemic, and school counselors may be the first and most important responders to student and family needs. This workshop will not only educate the participants, but will also provide ways that school counselors can be leaders of critical support.