Self-Control Centers

A. Draw a bridge without talking
   a. Markers
   b. Poster board
B. My Mouth is a Volcano video & worksheet
   a. Smart board
   b. Activity sheet
C. Telephone game (gossip)
   a. One person chooses a word or phrase and whispers it to the next person. This continues until every person has had a turn. Did the last person hear what the first person actually said? Gossip usually changes as it is repeated.
D. Jenga
E. Suspend
F. Dominoes – Rube Goldberg style
G. Red light/Green light
   a. Using scenario cards, decide what you would do. Stop? Proceed with caution? Go?
H. Create a We Video demonstrating self-control