GROWTH MINDSET vs. FIXED MINDSET

Read each mindset in the boxes below. Cut and sort into the correct column.

Growth Mindset
The belief that intelligence is malleable, that it can change with hard work, perseverance and challenge.

Fixed Mindset
The belief that intelligence cannot be changed and that people are either born smart or not smart.

This is too hard.
This will be challenging but I’ll keep at it.
He’s just smarter than I am.
I give up.
I’m on the right track.
I should try a different strategy.

I am so good at this.
I am working really hard at this.
I’ve never been good at this anyway.
I’m never going to get this.
I’m going to have to think through this one more carefully.
Tomorrow I will get a fresh look at this.
Malleable

Able to change and adapt based on new learning and experiences.
Neuroplasticity

The brain’s ability to change or rewire connections between neurons.
Neurons

A special kind of nerve that can communicate by sending signals.
Intelligence

How smart a person is.
Growth Mindset

The belief that the brain can grow and change. You can become more intelligent by taking on challenges.
Fixed Mindset

The belief that intelligence cannot be changed. You are born intelligent or not intelligent.
Constructive Feedback

Telling someone what they have done well and what they can improve upon.
Praise

To tell someone how good they are at something. To make someone feel good about their work.
This product was created by Hope Newport
Teachingwhope.blogspot.com
Please email me with any questions or customizations at teachingwhope@gmail.com

Credits:

The Candy Class
Graphics from:
The Cligi Owl
Melonheads Illustrations
BabaPuffBaby

The Digital Bake Shop
Freshly Baked Designs
Commercial & Personal Use Graphics

3AM Teacher
Graphic Design with Education in Mind

Teaching Maddens

KPM Doodles

KG Fonts
Creative Clips