The Journey toward Becoming a Trauma-Informed District

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Monett R-1 School District
Agenda

- Our process
- Our leadership team
- Our current strategies
- Our next steps
Our process

- Trauma-informed training
- Presentation to admin team
- Create leadership team
- Attend trainings - counselors
- Determine DESE model placement
- Set goals for first year
Our leadership team

- Building representatives
- Counselor(s)
- Nurse
- Administrator
- Asst. superintendent
- Special education director
- Elementary classroom teacher
- Secondary classroom teacher
- School psychologist
- Community mental health
Our current strategies

- All buildings: train all certified staff (2 hours)
  - What is trauma?
  - How does trauma affect the brain?
  - How can we respond to students in trauma?
  - What are ACEs? How many do you have?
  - Why is self-care important? What are some self-care strategies?

- Each building is at its own level in their trauma-informed journey
  - Depending on administrator buy in
Our current strategies - building

- Clear and consistent procedures
- Supplemental behavior models and philosophies
- Book study
- Regular trauma-informed trainings
- Daily check in (Google form)
- Morning greetings
- Discipline

- Admin, counselor, and behavior meetings
- Language changes
Our current strategies - classroom

- Brain breaks in schedule
- Mindfulness
- Calm room/calm down corner
- Sensory basket
- Greetings

- De-escalation and CPI
- Emotional temperature gauge
- I wish my teacher knew…
- Transitions
Our current strategies - support staff

- Nurse
  - Emotion checks
  - Calming strategies

- Counselor
  - Social emotional curriculum
  - Mindfulness
  - Re-entry meetings
  - ISS/OSS students
Our next steps

- Training for school resource officers
- Training for bus drivers, kitchen staff
- Family and community engagement
- Policy changes
Questions?
For all conference related information, download the Conference Yapp App. The Yapp ID is MSCA18.

- Support this year’s Annual Project through raffles, bingo, Monday reserved seating, Monday power hour, and service project. Visit the activities desk for additional information.
- Make plans to participate in evening activities:
  Hospitalities from 4:30 to 6:30 p.m.
  Service Project Activity beginning at 7:00 p.m.
  Trivia Night beginning at 7:00 p.m.
  Dance beginning at 10:00 p.m.

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