National Association of Peer Program Professionals

Vision:
Establishing a culture of people helping people

Mission:
NAPPP helps adults establish, train, supervise, maintain & evaluate peer programs so that peers may help each other with the maximum effectiveness
Harnessing Peer Pressure to Create a Positive School Climate

- Explore the power of peer assistance programs
- Learn the impact peers can have on school climate
- Provide resources for peer helping
Peer Helping Check-in

💡 Fist – 5
💡 5 things you already know
💡 Stand if (currently or within past 3 years)
  👀 Peer mediation
  👀 Peer tutoring
  👀 Peer ambassador or mentoring
  👀 Peer teaching
  👀 Other?
Peer Helping Defined

- A variety of supportive services initiated by peers in diverse settings.
- Peers are individuals who share common characteristics and experiences.”

Common Components

- Provide training to offer variety of services to others
- Supervised by trained adult leaders.
Egypt Peer Concept

Positive investment of peer pressure in order to establish a healthy environment inside the school that encourages each student to think & express himself freely & enhance life & employability skills.
Peer Helper
Professional Leader Roles
Administration Role

- Set up program
- Oversee advisory council
- Arrange for training
  - professional staff
  - peer helpers
- Organize service delivery & supervision
- Provide evaluation
- Follow ethical standards
- Arrange for funding & sustainability
Facilitation Role

- Provide bonding of peer helpers
- Understand group dynamics
- Provide on-going training & supervision
- Additional training per service delivery
Training Role

- Provide training for peer helpers
- Adhere to NAPPP standards
- Provide training specific to service delivery
Planning Blocks

- **WHAT**
- **WHO**
- **HOW & WHEN**
- **WHERE**
- **WHY**
## Pair - Share

<table>
<thead>
<tr>
<th>Issues Peers Face</th>
<th>How Peers Can Help</th>
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Elementary School

- Tutors
- Study buddies
- Creative writing partners
- Peer listening
- Mediators
- ESL buddies
- Discussion leaders
- Peer editing
- Playground mediators
- Reading partners
- Media, music or art helpers
- New student mentors
- Field Day or field trip helpers
- At-risk student buddies
- Special friend
- School-wide projects
Middle School

- Peer tutors
- Peer facilitators
- New student buddies
- Advisor-advisee helpers
- Big Brother/Sister
- Peer listeners
- Conflict mediators
- Peer teachers
- Cross age tutors
- Orientation helpers
- Homework helpers
- Peer health educators
- Sponsor school projects
- Transition teams
- Discussion leaders
- Peer drama groups
High School

- Peer tutors
- Peer listeners
- Big Brother/Sister
- Peer resource centers
- Group leaders
- Orientation helpers
- Special topic seminars
- Study buddies
- College prep
- Conflict resolution
- Peer program trainers
- Cross age tutors
- Peer facilitators
- Special day sponsors
- New student buddies
- Freshmen support teams
- Field trip helpers
Community

- Peer Hotlines
- Listeners in the workplace
- Crisis Intervention
- Education on wellness & safety topics
- Support group leaders
- Workplace volunteer programs
- Workplace crisis prevention & management
- New hire mentors
- Life skills education at the workplace
- LBGT support
- Hospital listeners
- Peer Ministry
- 4-H Programs
- Youth Councils
- Higher education peer programs
Quality Program Standards

- Defined purpose & structured program design.
- Peer helpers given quality training.
- Service activities performed following training.
- On-going supervision.
- Evaluation to assess program’s strengths & weaknesses.
- Program updates as assessments indicate
Peer Programs Effectiveness

- Mentoring has a positive impact on school culture.
- Academic gains with urban, low-income, & minority students.
- Fosters positive youth development.
- Mentors reduce dropout rate.
- Mediators reduce violence.
- Substance misuse prevention.
- Change school norms.
ASCA Position Statement (2015)

Peer support programs are a means of helping students
• develop social /emotional competencies
• define positive values including personal responsibility
• learn pro-social behaviors

Furthermore, ASCA believes the effectiveness of school counseling programs is enhanced by the informed implementation of a peer support program, which can provide increased outreach & expansion of services.
Peer Helping Is...

❖ the cheese on the pizza..
  ❖ it helps everything stick together.

❖ the great vegetable soup..
  ❖ it takes a lot of different ingredients to have a full flavor.

❖ like planting a flower seed…
  ❖ you plant, water, fertilize and watch a beautiful bloom unfold.

❖ like an orchestra…
  ❖ all the instruments play together to form a symphony.
Why Join NAPPP?

- Qualify for individual, program, & curriculum CEU’s & certifications:
  - Certified Peer Program Educator (CPPE),
  - Certified Peer Program (CPP)
  - Certified Organization with Peer Programs (COPP)
  - Certified Peer Curriculum (CPC)
  - Certified Trainer/ Consultant (CTC).
- Adhere to national Programmatic Standards, Ethics, & Program Evaluation Rubric.
Training Opportunity!

- February 8-9, 2018  8:00 am – 4:30 pm
- “Beginning a Peer Helping Program”
- Community Commons
  Spencer Road Branch Library Rm 259
  427 Spencer St. Peters, MO 63376
- Register:
  www.peerprogramprofessionals.org
Trainings/Consultations Available

- Establishing a Peer Program
- Training Peer Helpers
- Expanding & Enhancing
- Trainer of Trainer
- Evaluation for Success
- Individualized for particular organizations for youth & adults

- Student trainings (wkbk & pwrpts)
  - Core Peer Helping
  - Mediation
  - Tutoring
  - Ambassador
  - Career Guidance Asst
Resources Available

Book Store – Go to website & view options (User Fee)

Youth Curriculums:
Bicycle Safety Peer Program Coordinator’s Manual
Elementary & Post-Secondary Edition

Youth Highway Traffic Safety Peer Leadership Training:
Zero Tolerance for Underage Drinking, Drug Use & Driving; Seat Belt Use, Distracted Driving

National Peer Helpers Appreciation Day/Week
March 23-27 Kit
Publications

- Peer Facilitator Quarterly (former journal)
- Perspectives in Peer Programs
- Monthly Newsletters
- NAPPP Programmatic Standards & Ethics
- NAPPP Programmatic Standards Rubric
- Resolution Statements: Bullying, Suicide etc.
Networking

- Training Institutes
- National Conference with Jennifer Claire Moore Foundation -- Feb. Alabama
- Connecting to others in the field
- Knowing about other peer programs
Position Statements

- Suicide Prevention/Intervention
- Bullying Prevention/Intervention
- Programmatic Standards
- Others in the Past
Webinars – available for order

✓ Suicide Prevention/Intervention: Peer to Peer Strategies – March 2013
✓ Bullying Prevention and Intervention for Schools: Peer to Peer Strategies - March 2012
✓ Ethical Dilemmas in Peer Helping and Prevention Field - Sept. 2013
✓ Conflict Mediation- 2017
Closure Sentence Stems...

✓ How you felt about peer helping before training
✓ How you feel about peer helping now
✓ Something that surprised you
✓ A hope you have for yourself or peer helping field
Resources

National Association of Peer Program Professionals
58 Portwest Court, St. Charles, Mo. 63303 USA
877-314-5272. www.peerprogramprofessionals.org
Certified Professional, Certified Program
e-mail: nappp@sbcglobal.net

National Organizations for Youth Safety
www.noys.org
Resources

Psychological Network, Inc.
58 Portwest Ct. St. Charles, Mo. 63303  636-916-5800
Website:  www.psynetinc@com    E-mail:  psynetinc@sbcglobal.net
www.peerprogramprofessionals.org

1-800-634-7064 or YouthLight- NAPPP Book Store
Peer and Prevention: Evaluation for Success
Peer Programs: An Indepth Look at Peer Programs, Second Edition– Tindall and Black
Peer Power, Book One Workbook, 4th Edition-Tindall
Peer Power, Book One, Strategies for the Professional Leader
Peer Power, Book Two, Workbook-3rd Edition-Tindall
Peer Power, Book, Strategies for the Professional Leader
Evaluation of Peer and Prevention Programs: A Blueprint for Successful Design and Implementation
Peers Helping Peers: Program for the Pre-adolescent (participant and Leaders manual)
For all conference related information, download the Conference Yapp App. Yapp ID is MSCA17.

Please complete the Workshop Evaluation: http://tinyurl.com/mscaworkshop17

Please complete the Full Conference Evaluation: http://tinyurl.com/MSCAeval17

Support this year’s Annual Project through raffles, Monday reserved seating, poker run, project walk, and service project.
Conference Information

Make plans to participate in evening activities:
- Hospitalities & Poker Run 5:00 to 7:00 p.m.
- Service Project Activity 7:00 p.m.
- Trivia Night 7:00 p.m.
- Project Walk 9:00 p.m.
- Evening Social & Live Music 10:00 p.m.

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