MSCA Fall Conference

November 5-7, 2017
Tan-Tar-A • Osage Beach, MO
Whether this is your first MSCA Conference or your 50th, you’re a part of the Missouri school counseling family and I am excited that you’re here. This year the Fall Conference is focused on celebrating fearless School Counselors. I hope that the professional development you receive at this conference through our keynote speakers and breakout sessions allows you to have fearless conversations in advocating for students and school counseling programs, and that you are able to relax and re-charge during the evening activities and opportunities to give back to our annual project through Children’s Mercy Hospital.

The MSCA Fall Conference has always been a time for me to strengthen my school counseling program, connect with other professionals, and grow in leadership. MSCA continues to advocate on behalf of school counselors at the national, state, and local levels for fully implemented Comprehensive School Counseling programs, but our greatest strength is the voice of our members. So, while at the conference, please take the time to step outside of your comfort zone, attend sessions that will challenge you, grow your professional network, and try a new, fun activity. The takeaways from this conference will leave you feeling renewed and inspired, but most of all, fearless.

Geoff Heckman
2017-2018 MSCA President
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2018 Annual Fall Conference ... Inside Back Cover

 Ranked for 21 consecutive years as the No. 1 public university in the Midwest region.

— U.S. News & World Report’s, “America’s Best Colleges,” 2018

admissions.truman.edu 660.785.4114 Kirksville, Missouri
MSCA & MACS Partnership

MSCA is pleased to welcome the Missouri Association for Career Services (MACS) as part of this year’s 2017 Fall Conference! During this inaugural year of the partnership between MSCA and MACS, MACS will be hosting a strand of workshop sessions in Suite G. The MACS Business Meeting will also be held in Suite G on Monday, November 6, from 10:00 to 11:00 a.m. All MSCA members are invited to attend and participate in these sessions while MACS members are invited to attend all of the MSCA sessions. Welcome MACS members!

Don’t Miss List

Sunday, November 5
- Exhibit hall opens at 11:00 a.m. in Windgate Hall
- New counselors and first-time attendees’ welcome luncheon from 11:45 to 12:45 p.m. in Parasol I
- No-conflict time with exhibitors from 1:00 to 2:00 p.m. in Windgate Hall
- Opening session beginning at 2:00 p.m. featuring Aric Bostick in Salons A & B
- Hospitality from 7:30 to 9:30 p.m. (see page 11 for locations and sponsors)
- Dance Celebration beginning at 9:30 p.m. in Salon C

Monday, November 6
- Power Fitness Hour beginning at 7:00 a.m. “Check-in” & group photo is at 6:30 a.m. in the lobby.
  - Aerobic kickboxing class by Ray Amanat in Suite G
  - Strength training class by Nick Weeks in Salon C
  - Circuit training by Tawnya Clause (30 minutes only) in Crystal Ballroom
  - Yoga by Leslie Kersha in Salon B
  - Zumba by Jeanine Davison in Salon A
  - 5K run/walk (meet in hotel lobby)
- Level sharing from 2:45 to 3:45 p.m. (see page 37 for locations)
- No-conflict time with the exhibitors from 9:30 to 10:00 a.m. in Windgate Hall
- Evening activities including:
  - Hospitality & Poker Run from 5:00 to 7:00 p.m. (see page 11 for locations and sponsors)
  - Trivia Night beginning at 7:00 p.m. in Salon C
  - Service Project Activity beginning at 7:00 p.m. in Salon B
  - Project Walk from 9:00 to 10:00 p.m. (meet in front of Salon C by 8:50 to participate)
  - Evening Social & Live Music from 10:00 to 1:00 a.m. in Salon C

Tuesday, November 7
- Closing session featuring John O’Leary beginning at 9:45 a.m. in Salons A & B
- Conference concludes at 11:00 a.m.
Build Your Future in the Construction Industry Today
Visit our Advancement Center in North Kansas City, Missouri or schedule a visit to your school.
Contact Outreach Manager Romond Holt at 816-595-4145 or rholt@buildersassociation.com

#7 in Best Regional Colleges Midwest
#2 in Best Value Schools Midwest
#2 in Lowest Student Debt at Graduation
#3 in Largest Proportion of International Students
by U.S. News & World Report
SCHEDULE OF EVENTS

SUNDAY, NOVEMBER 5

10-6 pm: Registration & Information Booth Open
10:30-11:30 am: Delegate Assembly in Room 63/64
11-4:30 pm: Exhibit Hall Open (Snacks 1-4:15 pm) in Windgate Hall
11:45-12:45 pm: New Counselor & First-Time Attendee Luncheon in Parasol I
1-2 pm: Exhibit Hall No-Conflict Time in Windgate Hall
2-3:30 pm: Keynote Address: Aric Bostick in Salons A & B
   3:45-4:45 pm: Breakout Session I (See Grid)
   5:00-6:00 pm: Breakfast Session II (See Grid)
   6:00 pm: Dinner on Your Own
7:30-9:30 pm: Hospitalities (See Page 11 of Conference Program for Locations & Sponsors)
   9:30-1 am: Dance Celebration in Salon C

MONDAY, NOVEMBER 6

7-8 am: Fitness Hour (See Page 11 of Conference Program for Details)
7:30-8:30 am: Continental Breakfast in Windgate Hall
7:30-12 pm: Exhibit Hall Open in Windgate Hall
   8-10:30 am: Registration Open
   8-4:30 pm: Information Booth Open
   8:30-9:30 am: Early Riser Breakout Session III (See Grid)
9:30-10 am: Exhibit Hall No-Conflict Time in Windgate Hall
   10:11 am: Breakout Session IV (See Grid)
11:15-12:15 pm: Breakout Session V (See Grid)
   12:15-1:15 pm: Lunch in Salons A & B
   1:30-2:30 pm: Breakout Session VI (See Grid)
   2:45-3:45 pm: Level Sharing (See Page 37 of Conference Program)
5-7 pm: Hospitalities & Poker Run (See Page 11 of Conference Program for Locations & Sponsors)
   7-9 pm: Trivia Night in Salon C
   7-11 pm: Service Project Activity in Salon B
9-10 pm: Project Walk (Meet Outside of Salon C)
10-1 am: Evening Social & Live Music in Salon C

TUESDAY, NOVEMBER 7

7:30-9:30 am: Breakfast in Salon C
8:30-9:30 am: Breakout Session VII (See Grid)
9:45-11 am: Closing Session: John O’Leary in Salons A & B
A free, comprehensive online system that offers a variety of information and tools to help users develop an education and career plan.

User Support Contact:
Jackie Coleman and Marilyn Dayton
573.634.0043 | jcoleman@motrainer.com
- Regional Workshops
- E-mail and telephone support
  Monday-Friday, 8:00 a.m.-4:30 p.m.
- Regional Workshops
- Webinar training
- On-site customized training
- Site Activation

CharacterPlus®
WE MEASURE OUR IMPACT BY THEIR SUCCESS.
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The CharacterPlus Way® is recognized by the National Registry of Evidence-based Programs and Practices. Our impact can help you make your school or district a National School of Character success.
### Leadership

**2017-2018 MSCA Governing Board**

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<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Region</th>
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<tbody>
<tr>
<td>President</td>
<td>Geoff Heckman</td>
<td>Central</td>
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<tr>
<td>President-Elect</td>
<td>Becky McIntyre</td>
<td>Greater Kansas City</td>
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<tr>
<td>Past President</td>
<td>Sarah Dix</td>
<td>Jefferson County</td>
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<tr>
<td>Secretary</td>
<td>Tammy Braun</td>
<td>Mid-Missouri</td>
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<tr>
<td>Treasurer</td>
<td>Stacie Fohn</td>
<td>Northeast</td>
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<td>Elementary Vice-President</td>
<td>Tawnya Conner</td>
<td>Northwest</td>
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<td>Middle School/Jr. High Vice-President</td>
<td>Kendra Horton</td>
<td>St. Louis City</td>
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<td>Secondary Vice-President</td>
<td>Rodger Bridgeman</td>
<td>St. Louis Suburban</td>
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<tr>
<td>Multi-Level Vice-President</td>
<td>Becky Whitmer</td>
<td>Southwest</td>
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<tr>
<td>Post-Secondary Vice-President</td>
<td>Ann Landes</td>
<td>Southeast</td>
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<tr>
<td>Director of Advocacy</td>
<td>Dr. Sharon Sevier</td>
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<td>Director of Operations</td>
<td>Jill Hancock</td>
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### Regional Presidents

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<tr>
<td>Central</td>
<td>Lyndsey Bobki</td>
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<td>Greater Kansas City</td>
<td>Kandace Callwell</td>
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<tr>
<td>Jefferson County</td>
<td>Kami Johnson</td>
<td>Jefferson County</td>
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<tr>
<td>Mid-Missouri</td>
<td>Jeanine Davison</td>
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<td>Northeast</td>
<td>Tera Toll</td>
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<td>Northwest</td>
<td>DeAnna Kelley</td>
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<td>St. Louis City</td>
<td>Phyllis Robinson</td>
<td>St. Louis City</td>
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<td>St. Louis Suburban</td>
<td>Matthew Berry</td>
<td>St. Louis Suburban</td>
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<td>South Central</td>
<td>Kelly Richard</td>
<td>South Central</td>
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<td>Southeast</td>
<td>Joanna Mathes</td>
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<td>Southwest</td>
<td>Gen Nelson</td>
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### Regional President-Elects

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<tr>
<td>Greater Kansas City</td>
<td>Nate Zier</td>
<td>Greater Kansas City</td>
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<tr>
<td>Mid-Missouri</td>
<td>Carey Hughes</td>
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<tr>
<td>Northeast</td>
<td>Jessica Welker</td>
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<td>Northwest</td>
<td>Erin Hunter</td>
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<td>Southeast</td>
<td>Lori Kohm</td>
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<tr>
<td>Southwest</td>
<td>Janell Jones</td>
<td>Southwest</td>
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Leadership

2017-2018 Committee Chairs & Coordinators
College Counseling: Rob Lundien
DESE Representative: Dr. Rene’ Yoesel
Emerging Leaders: Dr. Jan Speck & Lisa Phillips
Human Rights & Diversity: Andy Schuerman
Professional Recognition: Sarah Dix
Research/Position Papers &
Past President’s Advisory: Carolyn Roof

2017 Planning Committee
President: Geoff Heckman
President-Elect: Becky McIntyre
Director of Operations: Jill Hancock

Subcommittees:
Annual Project: Becky Houtchens
Exhibit Hall: Heather Brown & Melissa Head
Breakout Sessions: Tawnya Conner, Elementary
Kendra Horton, Middle School/Jr. High
Rodger Bridgeman, Secondary
Becky Whitmer, Multi-Level
Ann Landes, Post-Secondary
Evening Activities: Lisa Phillips
Fitness Power Hour: Jill Krickbaum
Regional Hospitalities: Bill Sevier & Amy Walker
Saturday Institute Program: Hayley Arnold
New Counselor Luncheon: Sarah Dix
Conference Theme and Design: Angie Blue
Volunteers: Heather Wallace
Registration: Carey Hughes
Technology: Matt Berry
Helping Missouri students access higher education

Journey to College programs focus on increasing access to higher education for all students, with a focus on those who are low-income, are underrepresented in college or would be the first in their family to attend college.

**Apply**
Encourage students to find the right fit for college and submit admissions applications.

**Fund**
Assist students and their families with filling out the Free Application for Federal Student Aid.

**Decide**
Help students finalize their plans for college or military service and celebrate their decision.

Find out more about bringing the Journey to College programs to your high school by visiting the Missouri Department of Higher Education booth.

Learn more and request free publications:

dhe.mo.gov
journeytocollege.mo.gov // facebook.com/MoHigherEd
Establishing a Peer Helping Program

Date: February 8 & 9, 2018
Time: 8:00 am to 4:30 pm
Where: Community Commons, Room 259
       Spencer Road Branch
       427 Spencer Road
       St. Peters, MO 63376

This interactive class is for anyone who is interested in learning more about peer helping programs. Peer helping programs, found primarily but not only in school settings, train non-professionals (typically students) to provide a variety of supportive services to other peers. These services can include (but are not limited to) one-on-one support, tutoring, character education lessons, health education, leading small group discussions, working with classroom groups, conflict resolution and peer mediation, drug and alcohol prevention, assisting new students, mentoring disabled and non-English speaking students, service learning, community outreach and leadership training. This class will cover the historical perspective of the peer helping movement worldwide, research regarding the effectiveness of peer helping programs, program start-up, implementation and maintenance. Students will also experience modules for training peer helpers. Upon successful completion of this class, students will have met the training requirement component toward CPPE (Certified Peer Program Educator) certification through the National Association of Peer Program Professionals.

Participants will receive a certificate of attendance, a one-year membership in the National Associations of Peer Program Professionals, and will be eligible to apply for Certified Peer Program Educator. If you have a program in place will be eligible to apply for a Certified Peer Program.

CEU's available for Educators, Health Educators, Addiction Professionals, and Social Work.

Facilitated by: Cindy Wynn M.A., LPC; Marilyn Bader M.S.; Judith A. Tindall, Ph.D.

REGISTRATION DEADLINE FRIDAY, February 2, 2018 @ 4 PM
*Registration fees: 2 days: $369 (Includes materials and lunch each day)
Please make check payable to: NAPPP
58 Portwest Court, St. Charles, MO 63303
or call for credit card payment: Toll-free phone/Fax: 888-691-1088
nappp@sbcglobal.net
www.peerprogramprofessionals.org
Annual Project
Children’s Mercy Hospital (Kansas City) Family Support Fund
This year’s Annual Project is the Children’s Mercy Hospital Family Support Fund which provides unlimited support to families that have children receiving care in the hospital. To learn more about the Family Support Fund, please visit http://tinyurl.com/AnnualProject17.

Want to know how you can help? Fundraisers for the Annual Project include: the basket raffle, Fitness Power Hour, purchasing reserved seating at Monday’s luncheon, poker run, and more. Also, new this year, is a special time set aside on Monday evening for our Service Project Activity, which will include making blankets to give to families at Children’s Mercy.

Trivia Night
The 2017 Trivia Night will be held on Monday evening in Salon C. Doors for the event will open at 6:30 p.m. with play beginning at 7:00 p.m. Play will conclude by 9:00 p.m. Teams are limited to eight participants. Interested participants may register as an individual or as part of a team. Individuals will be paired up with others at the event. The cost to participate is $5 per person or $40 for a team of eight. Registrations will be accepted at the door on the evening of the event. All proceeds from this year’s event will benefit the Gysbers Foundation to provide scholarships for counseling students.

Table Reservations
For the third year, attendees will have the opportunity to contribute to the Annual Project by purchasing a reserved seat for Monday’s luncheon. Reserved seats will be available for $5 per individual. Tickets may be purchased at the on-site registration desk on Sunday from 10:00 to 6:00 p.m. and Monday from 8:00 to 10:00 a.m. Please note that lunch comes with your regular registration and purchasing a reserved seat is not required to attend the event.
Power Fitness Hour

Are you wanting a kick start to your Monday morning at conference? How about a way to strengthen your connections? Just want to make sure you are in the right counseling circuit? Run around with us, and you will be ready!

Join us Monday morning from 7-8 for Power Hour! Meet in the lobby at 6:30 a.m. for a group photo!

- Aerobic kickboxing class by Ray Amanat in Suite G
- Strength training class by Nick Weeks in Salon C
- Circuit training by Tawnya Clause (30 minutes only) in Crystal Ballroom
- Yoga by Leslie Kersha in Salon B
- Zumba by Jeanine Davison in Salon A
- 5K run/walk (meet in hotel lobby)

Entry fee - $20 minimum or a gift of your choice to benefit the Children’s Mercy Hospital (Kansas City) Family Support Fund.

Participate in early morning Power Hour to receive a 2017 MSCA fitness t-shirt and have some fun! Get your blood pumping and your day started off on the right foot! For a minimum $20 donation, you will receive a t-shirt (even if you choose not to participate in the activity). Only participants who pre-registered by the October 15 deadline are guaranteed a t-shirt. Post-workout food and beverages will be provided for all participants in Windgate Hall.

Hospitalities and Poker Run

Make plans to attend this year’s hospitalities on Sunday from 7:30 to 9:30 p.m. and Monday from 5:00 to 7:00 p.m.

**Sunday from 7:30 to 9:30 p.m.**
Central/South Central: Rooms 686-687 (Co-Sponsored by State Fair Community College and Central Methodist University)
MACS: Suite 428 (Sponsored by First State Bank of Purdy)
Missouri Welding Institute: Rooms 690-691
MOACAC: Suite 1603
Northwest/St. Louis City/St. Louis Suburban: Suite 1703
Penman & Winton Consulting: Suite 1503

**Monday from 5:00 to 7:00 p.m. (includes Poker Run)**
Greater Kansas City/Southeast: Suite 1603
Jefferson County/Southwest: Suite 428
Missouri Welding Institute: Rooms 690-691
Northeast/Mid-Missouri: Suite 1503
College Credit
Lindenwood University will offer one hour of graduate credit to conference attendees. Sign up at their booth located near the conference registration desk. Additional fees apply.

Proof of Attendance
Following the conference, MSCA will distribute certificates of attendance by email to all individuals that attended the 2017 Fall Conference. Individual certificates will also be issued to those that attended the Saturday Institute event. Certificates will be distributed via email by November 15.

Exhibitor Presentations
Visit Windgate Hall to hear mini-presentations presented by MSCA exhibitors! Please see the below schedule – make sure you don’t miss this information to learn more about how these exhibiting companies can support you as a school counselor!
- DreamCatcher Curriculum: Sunday from 11:00 to 11:20 a.m.
- Laughter & Leadership: Sunday from 11:30 to 11:50 a.m.
- Great Circle: Sunday from 12:00 to 12:30 p.m.
- Abra-Kid-Abra: Sunday from 12:40 to 1:00 p.m.
- Miriam Academy: Sunday from 1:10 to 1:30 p.m.
- Missouri Rural Water Association: Sunday from 1:40 to 2:00 p.m.
- U.S. Army Recruiting Battalion – Kansas City: Monday from 8:00 to 8:20 a.m.
- Missouri National Guard: Monday from 9:30 to 9:50 a.m.

Exhibit Hall Information
Counselors can preview counseling materials, learn of available resources, purchase books and MSCA promotional items, and receive information about colleges, while making many other educational contacts. Our exhibitors are a valuable resource to school counselors and you can show your appreciation by visiting the Exhibit Hall on Sunday, November 5, from 11:00 to 4:30 p.m. and Monday, November 6, from 7:30 to 12:00 p.m. A lounge area will be set up for your convenience. Be sure to visit often; your conference badge is required for attendance.
100% Online Graduate Studies for Counselors

WITH AN ONLINE GRADUATE DEGREE OR CERTIFICATE from Mizzou’s award-winning College of Education, you're not only furthering your own dreams, you're helping your students to achieve theirs. Gain deeper insight into mental health issues and intervention strategies. Choose the online graduate program that best suits your needs:

- Mental Health Practices in Schools (M Ed, EdSp)
- Student Learning and Well-being (M Ed)
- Positive Coaching (M Ed)
- Multicultural Education (graduate certificate)
- Positive Psychology (graduate certificate)

Learn more: ONLINE.MISSOURI.EDU/MSCA17
As approved during the 2016 Delegate Assembly meeting, MSCA is moving to a 9-member Board of Directors. The first three of these directors will be elected during the 2017 Fall Conference. On-line voting opened on October 24 on the MSCA website at www.moschoolcounselor.org and will conclude at 8:00 a.m. on Tuesday, November 7. Paid MSCA members may only vote once for the three candidates of their choice. The winners will be announced during the Closing Session on Tuesday, November 7.

**Matthew Berry, Ritenour School District**

**Interest Statement:** I am interested in serving on the MSCA Board of Directors because I have an invested interest in advocating for the professional needs of all school counselors in Missouri. This is so vital because school counselors play an important role in the success of students. As an educator for the past thirteen years I have had a great opportunity to work as a school counselor, to provide direct instructional coaching and to serve school counselors at the regional level as the SLSSCA President and state level as current member of the MSCA Governing Board. Because of the contributions I have made to MSCA over the past couple of years my desire to serve on the MSCA Board has grown significantly. The mission of MSCA to promote the implementation of comprehensive school counseling programs and to provide quality professional development aligns with my core beliefs and interests. As a member on the MSCA Board of Directors, I will be afforded an opportunity to continue leading in these areas while providing sound judgement and experience that would serve to benefit the members of MSCA.

**Biographical Statement:** I am proud to be a school counselor at Ritenour Middle School and current St. Louis Suburban School Counselor Association President. School Counselors are advocates for the educational, social and emotional needs of all students. My goal has always been to break barriers while sustaining systems that support all students!
Jeanine Davison, Columbia Public Schools

Interest Statement: I want to serve on the MSCA Board of Directors because I would love the opportunity to represent you while working closely with the heart of this association. I will bring fresh ideas, experience, and knowledge to support our organization as we grow. My 17-year counseling career has included positions in districts of varying sizes and student demographics, which makes me well suited to represent counselors from all settings. I am organized, resourceful, collaborative, and a diligent worker. I have served on the governing board of the Mid-Missouri School Counselor Association for eight years, most recently as district President. As President, I run meetings efficiently and have strong communication skills. I have positive interpersonal skills that have helped me to work successfully with many teachers, parents, students, and colleagues. I believe that my strengths are a perfect combination to advocate for counselors and school counseling at the state level. By serving on the board I can expand my network, acquire new skills and ideas, and share them with other counselors. I know that I will have a positive impact on our organization and profession though this opportunity.

Biographical Statement: Jeanine is a school counselor with 18 years’ experience in counseling settings. Currently she works for Columbia Public Schools. She has a therapy dog that loves giving/receiving hugs and smiles as much as she does. Her background includes a Masters in Counseling Education and being a LPC.

Nancy Doubrava, Nixa Public Schools

Interest Statement: It would be an honor to serve on the MSCA Board of Directors. I would like to be involved in the growing of our organization for school counselors and students. I have enjoyed being involved at my region and state levels. It has helped me grow as a school counselor and personally. I would like to be a part of hearing what our members need, want, and making sure that it is followed through in our MSCA organization. While leading the Southwest area of School Counselors I helped grow our organization and bring advocacy to school counselors. I have a positive voice that I would like to share at the state level. MSCA Board of Directors is going to do great things and I would be privileged to be a small part of it.

Biographical Statement: Nancy Doubrava is currently the 8th grade School Counselor at Nixa Junior High. She is a wife and mother of 2. School Counseling is her passion after God and her family. Nancy enjoys learning about school counseling and making sure she is up to date on all of the latest for school counseling and students. It would be an honor for her to represent School Counselors on the MSCA Board of Directors.
Becky Houtchens, Maryville R-II School District

**Interest Statement:** I joined MSCA and NWMSCA in my first year as a school counselor in 2001. For 11 years, I was content simply being a member of both groups before being invited to join the Northwest Region Governing Board in 2012. I found that to be such a valuable professional learning experience that I increased my involvement and became Region President during the 2016-17 school year, which has exposed me to the MSCA Governing Board/Board of Directors. From this experience, I’ve come to learn that I have a passion for representing the school counseling profession for my colleagues. I have seen MSCA emerge into a new and exciting period of growth and I want to be a part of that, to become a leader in that continued growth. In my nearly 20 years as a school counselor, I have witnessed a change in our profession; I believe the school counselor position has become even more vital as our students experience new challenges that we’ve never seen before. I want to be in the forefront of helping Missouri’s school counselors to best serve these students. I feel that involvement in the Board of Directors is a perfect way to achieve that goal.

**Biographical Statement:** I am a counselor at Maryville High School, in northwest Missouri. I’ve been a school counselor since 1998, beginning in a K-12 school before spending the past 8 years at the high school level. My husband Bob and I have two sons, ages 9 and 7. I am excited to help lead MSCA into the future.

Lori Kayser, Jackson R-II School District

**Interest Statement:** I would like to serve on the MSCA Board of Directors because I believe in giving back to an organization that has given me so much. As the president of the Southeast region, I constantly stress the importance for our members to assume leadership roles; therefore, I wish to lead by example by serving if elected. I have a passion for school counseling and want to be more involved on the state level. I feel that being on the MSCA Board of Directors is a way for me to grow personally and professionally, but it will also be a chance to work for school counselors across the state and advocate for all counselors and their roles in schools. Therefore, I feel that serving on the board is a wonderful opportunity.

**Biographical Statement:** Even though I have been in education for a long time, I still have a love for what I do. I face every year with renewed energy and excitement about what the year may bring. I have a great support system at home and at work, and I push myself to be better than the day before while always keeping a positive attitude about life. Above all things, I try to be kind to others.
Linda M Meadows, Springfield R-12 School District

**Interest Statement:** I wish to serve on the MSCA Board of Directors because I want to give back to the organization and the profession that has meant so much to me for over 25 years. I am excited about the new direction of leadership with a Board of Directors. I believe that I have a wealth of experience from serving on two Missouri District Governing Boards as well as 5 years on the MSCA Governing Board. While I am familiar with the “old ways,” I am not stuck there. Change can be stressful in many ways, but I see change as a catalyst for growth. It is such an opportunity for learning and moving forward. I want to stay fresh, and I want MSCA to stay fresh too. I want to see MSCA continue to grow and promote our profession. I love what I do. It is not just a job, but part of who I am. I have a heart for counseling and want to be a part of securing the future of our profession as well as for our children.

**Biographical Statement:** I am currently serving in my 27th year of counseling and my fifth year at Kickapoo High School in Springfield, MO. I am on the Southwest (SMSCA) District Governing Board as Ethics Chair and Scholarship Co-Chair. I have served on the Southeast District Governing Board, and on the MSCA Governing Board as District President, Secondary Vice-President, and MOACTE representative.

Tosha Todd, Blue Springs School District

**Interest Statement:** My love of school counseling gives me the aspiration to be on the MSCA Board of Directors. I want to give back to this organization that has given me so much. I would like to serve the members of MSCA and be their voice on the board. I would love to collaborate with other board members to continue to advance MSCA’s mission of advocacy, professional growth, and training of MSCA’s leaders. I want to be a part of MSCA’s amazing future! I have served GKCSCA for the last 7 years in various roles. I have had the opportunity to serve MSCA from 2010-2016 on the program committee and/or governing board. I have also had the privilege to sit on the ASCA nominations and elections committee for the last three years. This committee evaluates and interviews potential candidates for the ASCA Board of Directors. This has been an amazing learning experience for me. I believe that my leadership experiences with GKCSCA, MSCA, and ASCA have prepared me for a position on the Board of Directors. Thank you for considering my application for the MSCA Board of Directors. To be able to serve MSCA’s members in this capacity would be an honor.

**Biographical Statement:** I have been an elementary school counselor in the Blue Springs School District for 13 years. I have my Bachelors of Science degree from Southwest Baptist University. I received my Master of Science in Education in Guidance Counseling from Missouri Baptist University. I have an Educational Specialist Degree from University of Missouri Columbia. I am a member of GKCSAC, MSCA, ASCA, and MSTA. I live in Grain Valley, MO with my husband and three children.
Sunday, November 5, 2017
2:00 – 3:30 p.m.
Keynote Address: Aric Bostick

Aric inspires audiences nationwide to achieve greater performance, engagement, and happiness. Aric passionately infuses humor, inspiration, and simple techniques to initiate change—both at home and in the workplace—through his high-energy, world-class keynotes, workshops, and customized retreats focused on corporate motivation.

As a former teacher, Aric Bostick inspires educational audiences nationwide—having equipped more than a half million people with energy and strategies to overcome personal challenges and achieve life-long goals. Aric fosters strong connections through his targeted, high-energy keynotes, workshops, and camps—reaching and raining students, educators, parents and employees working to make a difference.

Tuesday, November 7, 2017
9:45 – 11:00 a.m.
Keynote Address: John O’Leary

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In 1987, John O’Leary was a curious nine-year-old boy. Playing with fire and gasoline, John created a massive explosion in his home and was burned on 100% of his body. He was given a 1% chance to live.

This epic story of survival was first showcased in his parents’ book Overwhelming Odds, in 2006. It was this book that first invited John to embrace his miraculous recovery and share it with the world.

Today, John is the author of the instant #1 National Bestselling book ON FIRE: the 7 Choices to Ignite a Radically Inspired Life and an inspirational speaker teaching more than 50,000 people around the world each year how to live inspired.

Consistently described as “the best speaker we’ve ever had,” John’s emotional story-telling, unexpected humor, and authenticity make each of his presentations truly transformational.
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Workshop Descriptions

Breakout Session I: Sunday, 3:45 to 4:45 p.m.

- **Community Engagement 2.0 (All Levels)**
  Presenter: CJ Huff, Bright Futures Connections for Success; Joplin, MO
  Sunday, 3:45-4:45 p.m.; Salon C
  Are you overwhelmed by the number of at-risk kids needing support in your school? You don’t have to tackle this challenge alone. In this session Dr. Huff will present the Bright Futures Framework that is currently being implemented in 55 communities within eight states to build wrap-around community supports for more than 250,000 at-risk children nationwide.

- **Cultural Intersections for School Counselors: Self-Awareness and Identity Development (All Levels)**
  Presenters: Leslie Anderson, Maia Moore and Taryne Mingo, Missouri State University; Springfield, MO
  Sunday, 3:45-4:45 p.m.; Northwinds
  Interactive presentation will focus on the impact of identity development for students and counselors’ continued development of cultural consciousness. Participants will engage in activities designed to enhance awareness and learn strategies to better serve students’ needs. Presenters have a combined 30 years of experience teaching social justice.

- **Culturally Responsive School Counseling (Secondary)**
  Presenter: Andy Schuerman, Park Hill School District; Riverside, MO
  Sunday, 3:45-4:45 p.m.; Room 62
  Multicultural counseling is not new to school counselors. But what duty do school counselors have to infuse social justice, advocacy and equity-focused services into our work to help close the achievement gap? How can we level the playing field for historically-underrepresented students in college? Attend this session to find out!

- **Data for Elementary School Counselors: Five Essential Questions (Elementary)**
  Presenter: Olivia Carter, Cape Girardeau Public Schools; Cape Girardeau, MO
  Sunday, 3:45-4:45 p.m.; Parasol I
  Overwhelmed by student needs? Intimidated by data? Wondering how to build a more effective school counseling program? This workshop will give elementary school counselors practical ways to track interventions, report results, and build a more comprehensive school counseling program. Data can and will help you meet your students’ needs!

- **FEARLESS Conversation: The Principal-Counselor Agreement (All Levels)**
  Presenter: Dr. Shari Sevier, Missouri School Counselor Association; Ellisville, MO
  Sunday, 3:45-4:45 p.m.; Room 70/71
  One of MSCA’s newest resources, the Principal-Counselor Agreement, offers school counselors steps to a guided conversation with their principals about their program. This offers administrators a resource about school counseling programs and insights into the value of the school counselor.
From Class Rank to the Laude Graduation System: One High School's Story (Secondary)
Presenter: Corrine Allee, West Platte School District; Weston, MO
Sunday, 3:45-4:45 p.m.; Room 63/64
West Platte High School transitioned from a traditional graduation system with class rank to the laude graduation system with valedictorian and salutatorian for 2017. This workshop will detail the process used to make this decision, including the rationale, research, committee work, and a report on the first graduation class using the system.

I Am Noticed (All Levels)
Presenters: Jaime Lyon and Amy Johnson, Inflated Joy: Greenwood, MO
Sunday, 3:45-4:45 p.m.; Room 74/75
The I AM NOTICED program is a philosophy educators can utilize to provide continuous improvement in a school environment. The concept of Noticing in a creative way is a proposed method of practical leadership that when used properly will help educators reach their building goals. Our goals are to help increase academic achievement, parental involvement, positive school culture and to decrease behavior incidents and staff turnover.

It's Never Too Early to Begin Building Your Personal Brand (Secondary)
Presenter: Heather Couch, Covington Latin School; Covington, KY
Presenter: Jennifer Davis, M.Ed., University of Missouri, Columbia, MO
Sunday, 3:45-4:45 p.m.; Room 72/73
This presentation will point out the importance of developing a student’s personal brand in high school. We will walk through the process of designing a professional resume and building their personal brand via LinkedIn. Both the resume and LinkedIn profile can be updated as the student’s complete high school and move into college or professional careers.

Jobs of the Future: Teaching Kids to Imagine the Careers of Tomorrow and Beyond (Elementary)
Presenters: Susan McTague and Alison Roffers, Springfield Public Schools; Springfield, MO
Sunday, 3:45-4:45 p.m.; Parasol II
Have you ever thought about how the world has changed over the past 20 years? Now imagine what the world will be like 20 years from now, when our elementary students are in the workforce! You will be presented with a project-based learning idea to use with your upper-elementary students, which will have them design the careers of tomorrow.

MACS & MSCA Building a Common Bridge for CTE (All Levels)
Presenters: Sarah Dix, MSCA Past President, Hillsboro R-III School District; Hillsboro, MO, Travis Plume, MACS Past President, Nichols Career Center; Jefferson City, MO, and Laurie Woolfolk, MACS President, Scott Regional Technology Center, Monett, MO
Sunday, 3:45-4:45 p.m.; Suite G
The Missouri Association for Career Services (MACS) and Missouri School Counselor Association (MSCA) have worked collaboratively to strengthen Career & Technical Education (CTE) professional development opportunities amongst their members. A brief history of this collaboration will be presented along with discussion of how each association will continue to offer opportunities for training specific to CTE student data, follow-up reporting for Perkins & MSIP5, and career development at the K-12 and post-secondary levels.
• Serving Children of Incarcerated Parents (All Levels)
  Presenter: Emily Brown, University of Missouri-St. Louis; St. Louis, MO
  Sunday, 3:45-4:45 p.m.; Drawing Room Terrace
  It’s estimated that one in 14 children experience parental incarceration. Learn about common loss experiences for children of incarcerated parents and connections between parental incarceration and school performance. Walk away with ideas for providing interventions and advocating for these students.

• Show Them the Money: The QuestBridge College Match Program (Secondary)
  Presenter: Carol Toney, North Kansas City School District; Kansas City, MO
  Sunday, 3:45-4:45 p.m.; Room 60/61
  Do you have high-achieving students who have shown outstanding academic ability despite financial challenges? Do these students dream of going to a highly selective school but are unsure how to pay for it? The QuestBridge College Match Program seeks to connect the nation’s brightest students from low-income backgrounds to leading institutions of higher education and further opportunities. In this session, participants will receive information on student eligibility, how to apply, the College Match program, and the QuestBridge Regular Decision process.

• Strategies to Boost Resiliency in LGBT Youth (All Levels)
  Presenter: Brian Vega, Springfield Public Schools; Springfield, MO
  Sunday, 3:45-4:45 p.m.; Crystal Ballroom
  Participants will learn about resilience and how it plays a role in helping youth overcome the possible lifelong negative effects of toxic stress that often accompanies growing up LGBT in our society. Eight principles and practices will be shared that can boost resiliency in our LGBT students to mitigate exposure to adverse childhood experiences.

• Suicide: Stories, Stats, and Strategies (All Levels)
  Presenter: Carl Crabtree, Retired from Lee’s Summit School District; Odessa, MO
  Sunday, 3:45-4:45 p.m.; Redbud
  Earl Grollman writes, “Suicide is a subject that stigmatizes not only the victim but the survivors as well ... the emotions are intensified to unbelievable proportions ... those left behind not only experience the pain of separation but aggravated feelings of guilt, shame, anger, and self-blame.” In this workshop, we will review the grief process, look at the symptoms of traumatic grief, and share strategies to support students.

• Why Recreate the Wheel? (Elementary)
  Presenters: Beth Kehr, Brookfield R-III School District, Brookfield, MO; Kristin Allen, Bucklin School District, Bucklin, MO; and Catherine Black, Linn County R-I School District, Purdin, MO
  Sunday, 3:45-4:45 p.m.; Room 76/77
  Why recreate the wheel when others around you have already figured out the solution? During this workshop three school counselors from neighboring small schools will share their story of how they collaborate to make their lives easier. One result of our collaboration was the creation of Kindness Clubs.

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Use promo code SCF7 during this state conference to join/renew (www.schoolcounselor.org/join) or to purchase a Specialist training (www.schoolcounselor.org/ASCAU).
Breakout Session II: Sunday, 5:00 to 6:00 p.m.

- **Breakout EDU (All Levels)**  
  Presenters: Leigh Anne Long, Jefferson City Public Schools; Jefferson City, MO and Dr. Kim Connor, Lincoln University; Jefferson City, MO  
  Sunday, 5:00-6:00 p.m.; Parasol I  
  Are you looking for a fun new way to engage students during a counseling lesson or a way to get staff involved in an exciting activity during a staff meeting? Then this session is for you! Come learn how to use Breakout EDU to teach the counseling curriculum or simply see how it can be used to promote teamwork!

- **Bully, Victim, or Hero? (Elementary)**  
  Presenter: Ray Amanat, Heroes in Action, Inc.; St. Ann, MO  
  Sunday, 5:00-6:00 p.m.; Parasol II  
  Learn problem solving through role play for elementary level kiddos as Ray teaches strategies using safe hands, safe feet, and safe language. Situations covered in this session include the bus, hallway, lunch line, physical education, being isolated, and dealing with a child predator. Will you pass Ray’s challenge?

- **College Counseling: Who has time for that? (Secondary)**  
  Presenters: Traci Dorrell and Angie Sharp, Park Hill School District; Riverside, MO  
  Sunday, 5:00-6:00 p.m.; Room 60/61  
  With the resources available to you, your school, and your community, you can build a college readiness program that meets your students’ needs. We will focus on increasing student and parent accessibility of tools, use of strategies, and availability of information. Mobilize the use of 21st century and old-school methods to reach students and parents to inspire their interest and build their confidence in planning for college. At this exciting time in your students’ lives, you can find unique and engaging opportunities in your own school infrastructure to communicate and guide their important steps in preparing for higher education. Join us to hear ideas and share effective, time-efficient strategies.

- **College ROTC Scholarship Opportunity and Service (Secondary)**  
  Presenters: John Wolfmeyer and BG (RET) Arnold Gordon-Bray; Army ROTC  
  Sunday, 5:00-6:00 p.m.; Crystal Ballroom  
  Army ROTC is one of the most demanding and successful leadership programs in the country. For years, Army ROTC has been creating leaders who go on to rewarding careers in the military and civilian worlds.  
  - High-level leadership, communications and advanced management training  
  - Problem-solving and strategic skills development  
  - 100% Tuition Paid Scholarships  
  - Monthly living allowances  
  - Enter the U.S. Army as an Officer either on Active Duty or in the Army Reserve or Army National Guard  
  - Army ROTC Cadets are allowed to major in nearly all academic areas.  
  Enrolling in Army ROTC is not, strictly speaking, joining the Army. ROTC Cadets will not be sent to Army boot camp. However, the primary purpose of the Army ROTC program is to produce its officers, so students must agree to serve as Officers in the Army after graduation from college. This presentation will educate counselors on the ROTC scholarship application process so they will be able to assist students who want to attend college before serving in the military.  
  BG (RET) Arnold Gordon-Bray will discuss he career and his rise to become a General in the United States Army. Distinguished UCM Grad video: https://www.youtube.com/watch?v=WX43NTTPsHl&t=2s
• Creating Equity for Transgender and Gender Nonconforming Youth through Policy Change and Professional Development: One Year Later (All Levels)
  Presenters: Deb Woodard, UMKC; Kansas City, MO and Shelly Beech, Professional Workforce Development; Kansas City, KS
  Sunday, 5:00-6:00 p.m.; Room 76/77
  One year later, transgender and gender nonconforming youth continue to be marginalized. See how a partnership between a university and an urban school district continue to create groundbreaking systemic change in the development of policy, guidelines, and district-wide professional development to promote equity for all.

• I Want to Do That! Integrating Technology into Your Comprehensive School Counseling Program (All Levels)
  Presenter: Matthew Berry, Ritenour School District; O’Fallon, MO
  Sunday, 5:00-6:00 p.m.; Room 74/75
  Looking for ways to enhance your school counseling program? Come learn how to integrate technology into your Comprehensive School Counseling Program (CSCP). During this session, we will explore technology tools that can be used within the services you provide. Searching for new ways to engage learners during your core curriculum lessons? Interested in exploring ways to promote your program and to expand your professional learning network? Plan to walk away with technology tools that are easy to use!

• Implementing Effective Small Group Counseling (Elementary)
  Presenter: Emily Brown, University of Missouri-St. Louis; St. Louis, MO
  Sunday, 5:00-6:00 p.m.; Drawing Room Terrace
  Learn strategies for managing the logistics of small group counseling in elementary schools. Get ideas for planning, implementing, and evaluating small groups that effectively meet the needs of students. Walk away with templates and ideas for groups on topics such as social skills, transitions, self-esteem, study skills, self-control, and grief.

• Integrating Technology Tools into a School Counseling Program (All Levels)
  Presenter: Dr. Deborah Hardy, GuidED, LLC; Mahopac, NY
  Sunday, 5:00-6:00 p.m.; Salon A
  With technology taking a lead in curriculum, learn how a school counseling program can incorporate different websites and applications to lessons and activities. Different tools will be presented supporting the academic, social/emotional and college/career domains. A list of tech resources will be provided for all attendees.

• Internships and Apprenticeships: Developing and Maintaining a System that Works (CTE)
  Presenter: Anessa Garner, Scott Regional Technology Center; Monett, MO
  Sunday, 5:00-6:00 p.m.; Suite G
  Learn why internships and apprenticeships are important for getting students from the classroom to the workplace, and how to make it successful for all participants.

• It’s Never Too Early to Begin Building Your Personal Brand (Secondary)
  Presenter: Heather Couch, Covington Latin School; Covington, KY
  Presenter: Jennifer Davis, M.Ed., University of Missouri, Columbia, MO
  Sunday, 5:00-6:00 p.m.; Room 72/73
  This presentation will point out the importance of developing a student’s personal brand in high school. We will walk through the process of designing a professional resume and building their personal brand via LinkedIn. Both the resume and LinkedIn profile can be updated as the student’s complete high school and move into college or professional careers.
• Make Your School Counseling Program Google-icious! (Secondary)
  Presenters: Whitney Toosley and Kim Wilkins, California R-I School District, California, MO
  Sunday, 5:00-6:00 p.m., Room 63/64
  If you work in a Google school and need tech help or ideas this is the session for you! We will share how we revamped our program by incorporating Google to streamline, track data, and free up time for us to actually get to kids. Ideas for docs, sheets, forms, drive, and calendar will all be shared, including links to templates for you to use!

• Mindfulness- A School-wide Approach (All Levels)
  Presenters: Cathy Hughes, Lena Sheets and Jennifer Wingert, Columbia Public Schools; Columbia, MO
  Sunday, 5:00-6:00 p.m.; Redbud
  During this workshop, we will share our journey to implement school-wide mindfulness. We’ll explain why we chose mindfulness, what steps we have taken, what we have learned, and how we continue to develop our implementation.

• OTC Dual Credit - Onboarding Opportunities (Secondary)
  Presenter: Piper Wilson, Ozarks Technical Community College, Springfield, MO
  Sunday, 5:00-6:00 p.m., Room 62
  Ozarks Technical Community College is one of the fastest growing, yet most inexpensive, dual credit programs in the area. Ozarks Technical Community College offers students a variety of class options with approved high school teachers and online classes with OTC teachers. The onboarding process for new schools is easy, just ask one of our 58 school partners!

• Program Evaluation Made Easy: Strategies to Get Started and Methods for Finishing Strong (All Levels)
  Presenter: Corie Schoeneberg, EdS, LPC, RPT-S, NCC, University of Central Missouri; Warrensburg, MO
  Sunday, 5:00-6:00 p.m.; Room 70/71
  Participants will explore how a program evaluation can demonstrate their hard work, advocate for their program, and become a manageable task. Points include: Topics and ideas for a program evaluation, getting started, organizing the logistics of a program evaluation, and powerful ways to use the results. Leave with ideas and an organized plan!

• Why Early Awareness and How It Impacts Your Students (All Levels)
  Presenter: Kayla Klein, MU Financial Aid Office; Columbia, MO
  Sunday, 5:00-6:00 p.m.; Northwinds
  Early awareness can mean many things; it is how we utilize those resources and develop a program that affects the students whom you are assisting. In this session, learn the tools that MASFAP can provide you with resources, as well as training that we can offer to help you develop an early awareness game plan for your school. Learn more about our high school counselor lunches, presentations that we can present or provide you materials for, as well as tips and tricks for students when completing the FASFA. We will talk about how all of this put together can create a plan that will help students start thinking about financial aid and the process earlier, which makes it easier for them to go through the process.

APP: Find all of the conference information on your phone/tablet through this year’s Conference App! To download the 2017 Conference app, visit: https://my.yapp.us/MSCA17.
“Woe is me” or “Whoa! It’s ME!”: Solution-Focused Brief Therapy (All Levels)
Presenter: Richard McCoy, Dixon R-1 School District; Dixon, MO
Sunday, 5:00-6:00 p.m., Salon C
Problems or solutions? Past weakness or future possibilities? “Woe is Me” or “Whoa! It’s ME!”? Join our merry group as we explore solution focus brief therapy and how this strength-based technique will point your students in a positive direction. Come prepared to laugh and learn as we explore the world of possibilities in school counseling.

You Have a Dog?! Utilizing Therapy Dogs in Your Counseling Program (All Levels)
Presenters: Lori Ranfield, Jamie Stokes and Rebecca Strubbe, Lebanon R-III School District; Lebanon, MO
Sunday, 5:00-6:00 p.m.; Salon B
Lebanon R-III Schools utilizes therapy dogs at all levels. Therapy dogs help counselors build rapport with students, parents, and staff. They can be used in group and individual settings and make schools a happier place. We will address selection, training, certification, as well as developing a district policy for use of therapy dogs in school.

Breakout Session III: Monday, 8:30 to 9:30 a.m.

Career Counseling through Google Docs (CTE)
Presenter: Jenn Sullivan, Wheaton School District; Wheaton, MO
Monday, 8:30-9:30 a.m.; Suite G
Learn how to use Google Docs to help you be more time efficient and effective when working with students. This will help them reach the next step after high school. Please bring your device!

College Counseling Curriculum (Secondary)
Presenter: Julie Kampschroeder, Ritenour School District; St. Louis, MO
Monday, 8:30-9:30 a.m.; Room 70/71
Do you have a large high school caseload? Are you a new counselor? Are you the only counselor in your building? Do you feel like your school is not able to give all your students the information they need to be eligible for college? If you answered yes to any of these questions, this presentation is for you!

District Crisis Planning (All Levels)
Presenters: Shelley Wilson, Annie Yost and Beth Gandy, Carthage R-9 School District; Carthage, MO
Monday, 8:30-9:30 a.m.; Drawing Room Terrace
You get the phone call on Sunday night that tragedy has struck your school. What do you do now? This session will focus on what Carthage R-9 counselors have learned through implementing the MSCA Crisis Manual during recent devastating district crises and how you can apply the lessons learned in your district.

Explore University (Secondary)
Presenter: Jeremy Wilson, Springfield Public Schools; Springfield, MO
Monday, 8:30-9:30 a.m.; Room 63/64
Explore University focuses on post-secondary education by emphasizing the planning and preparation for life after high school. Students build resumes, explore careers, research and apply to colleges, construct essays, examine paying for college, practice for the ACT/SAT, and create a senior year portfolio before the school year begins.
• **GAFE for the School Counselor (All Levels)**  
  Presenters: Melissa Millington, Willard R-2 School District; Willard, MO and Hilary Nicholson, Ash Grove R-IV Schools; Ash Grove, MO  
  Monday, 8:30-9:30 a.m.; Salon B  
  Most of the Google for Education trainings are geared toward teachers. Have you ever wondered how to use GAFE in your counseling program? Come learn practical ways that GAFE can be implemented into your program. You will leave with a working knowledge of GAFE and ideas to immediately put to use!

• **Giving Back: Practicum Site Supervision (All Levels)**  
  Presenters: Ann Landes, Carolyn Roof and Dr. Gina Sanders, Stephens College; Columbia, MO  
  Monday, 8:30-9:30 a.m.; Room 76/77  
  Have you thought about hosting a school counselor-in-training as a site supervisor in your school? Do you want to learn more about what your responsibilities are and how you know you are qualified? If you have been a site supervisor but still have questions, this session is also for you! School counseling practicum site supervisors play an important role in making sure M.Ed. in counseling students get an authentic, meaningful practicum experience based on the Missouri Comprehensive School Counseling Program. Being a site supervisor gives you an opportunity to give back to your profession in an important way. Join us for an informative session based on this important role.

• **Heads Up! Here Comes College (All Levels)**  
  Presenters: James Mullen, Heads Up Education, LLC; Maryland Heights, MO  
  Monday, 8:30-9:30 a.m.; Room 72/73  
  Explore and discuss this new College Readiness Tool which is ideal for incoming high school freshman or outgoing 8th graders! This curriculum & workbook combo is FUN!!! – Loaded with cartoons and humor! It simplifies the Key Fundamentals of How & Why the school system works for them. This book empowers kids with an internal locus of control, giving meaning and purpose to their educational journey. Students take away... A big picture understanding of how they fit in the school system; Unique strategies for a different approach to school and learning; Academic motivation based on their wants and desires and A Written Plan for their personal Higher Education goals and how to achieve them!

• **Help: I Wish My Parent Would Stop Drinking (All Levels)**  
  Presenter: Dave Wing, LCSW, CRAADC, St. Joseph School District; St. Joseph, MO  
  Monday, 8:30-9:30 a.m.; Northwinds  
  Adult Children of Alcoholics (ACOA) live by a set of unhealthy rules in their household. These rules are covert and stunt the emotional growth of children trapped in chaos. This session will look at family roles (hero, lost child, scapegoat, mascot, and chief enabler) and explore interventions the school counselor can use for their ACOA students.

• **I Am One: Empowering Teens to Stand Up to Bullies by Educating and Promoting Awareness About Bullying and its Consequences (All Levels)**  
  Presenter: Steph Borklund, Stephens College; Columbia, MO  
  Monday, 8:30-9:30 a.m.; Redbud  
  This workshop takes a look at how counselors, teachers, and coaches can utilize the short film, I AM ONE, and the accompanying educational guide in the classroom to address and educate students on the topic of bullying.
• **May 1 and Other College Admission Dilemmas (Secondary)**
  Presenter: Charlie Hungerford, Mercy College of Nursing and Health Sciences, Southwest Baptist University; Bolivar, MO  
  Monday, 8:30-9:30 a.m.; Room 60/61  
  In this session, we will take a look at the newly-revised Statement of Principles of Good Practice for college admissions released by the National Association for College Admission Counseling. The SPGP guides the policies and procedures that secondary and post-secondary schools use to keep the student and their needs first during the college search, selection, and admission process.

• **Reframing and Building Therapeutic Rapport (All Levels)**
  Presenters: Sarah Bodi and Linda Peterson, Webster Groves School District; Webster Groves, MO  
  Monday, 8:30-9:30 a.m.; Salon C  
  Are you struggling with staff members/parents who only want to “admire the problem?” This session will help you as a counselor build a sense of belonging in your school community for staff, students, and parents.

• **School Counselor Central: Workflow Management Tool (All Levels)**
  Presenter: Dr. Deborah Hardy, School Counselor Central; Mahopac, NY  
  Monday, 8:30-9:30 a.m.; Salon A  
  School Counselor Central establishes the core value of school counselors and the K-12 comprehensive school counseling program. School counselors will achieve high standards of practice and provide evidence of developmental activities enhancing student success and growth. Learn the components of School Counselor Central.

• **STEP UP: Implementing a Freshman Mentoring Program (Secondary)**
  Presenter: Lynn Knoch, Lawson R-XIV School District; Lawson, MO  
  Monday, 8:30-9:30 a.m.; Room 62  
  This workshop highlights STEP UP (Students Encouraging, Preparing, and Understanding Peers), a freshman mentoring program designed by Lynn Knoch in 2007. It creates an opportunity for freshman to work with an outstanding junior or senior mentor to facilitate their success in high school. Details of how to set up this program will be presented.

• **The Nuts and Bolts of an Elementary Career Week (Elementary)**
  Presenters: Tosha Todd, Blue Springs School District, Blue Springs, MO and Becky Arway, Polo R-VII Schools; Polo, MO  
  Monday, 8:30-9:30 a.m.; Parasol II  
  If you’ve never had a careers week, get all the information you need to start one. If you’re experienced with career week, walk away with some new ideas and activities you can implement! There’s something for everyone. This session will show the differences between having a career day in a large or small elementary making it appealing to counselors from all sizes of schools.

• **Trauma Sensitive Schools: Building a Culture of Hope and Resilience Starts with Adults (All Levels)**
  Presenters: Jenni Beck, Allison Scott and Michelle Hofmann, Raymore-Peculiar School District; Raymore, MO  
  Monday, 8:30-9:30 a.m.; Crystal Ballroom  
  Fostering resilience in students impacted by trauma begins with a focus on the culture and self-awareness of the adults working with them. Share in our district’s journey of trauma-sensitive culture work that has led to an understanding of the impact on the developing brain and greater staff efficacy with helping children thrive in school.
What Works for Me After 20 Years (Elementary)
Presenter: Nancy Peters, Santa Fe R-X School District; Waverly, MO
Monday, 8:30-9:30 a.m.; Parasol I
After more than 20 years as an elementary school counselor, I have tried then tossed or kept many lessons, activities, manuals, books, and procedures. Always on the search to find the “best” ideas for my students, I want to share with others what I found that works for me in the way of organization, activities and books. There will be lots of career ideas.

Breakout Session IV: Monday, 10 to 11 a.m.

Big-Hearted School Counseling Leadership (All Levels)
Presenter: Jan Speck, Missouri Baptist University; St. Louis, MO
Monday, 10:00-11:00 a.m.; Room 76/77
We will discuss the myths about school counselors and the leadership they must embrace. Past MSCA leaders will help lead discussion on being a school counseling leader, MSCA and/or ASCA leader, and the process to get involved in the MSCA Emerging Leader Program. Content and tips from Donn Sorensen’s *Big-Hearted Leadership* will be discussed.

Career Fair 101 (Secondary)
Presenters: Angie McBride and Jessica Burbridge, Harrisburg High School; Harrisburg, MO
Monday, 10:00-11:00 a.m.; Room 62
We invite you to learn how to run a career fair at your school where every student is engaged and gains knowledge of eight different careers from someone who works in that field. For the past five years, the school counselors at Harrisburg schools have partnered to provide a career fair for students in sixth through twelfth grades, which includes about 280 students.

Delving into Dimensions of Wellness with Help From Your School Librarian (Secondary)
Presenter: Valorie Stokes, Platte County R3 Schools; Platte City, MO
Monday, 10:00-11:00 a.m.; Room 63/64
In this workshop participants will learn how school librarians can collaborate with teachers, counselors and/or the school social worker to help educate students on various physical, social, emotional and mental health issues, and also provide resources and spaces within the library that promote healthy strategies for living life well.

Don’t Call It a Circle! Restorative Practices that Support Students, Staff, and Academic Endeavors (All Levels)
Presenter: Judy Brunner, Missouri State University and Instructional Solutions Group; Springfield, MO
Monday, 10:00-11:00 a.m.; Room 74/75
This interactive session will provide attendees with specific strategies that support a restorative framework and philosophy within a school environment. Attendees will receive suggestions for restorative practices and class meetings in order to support staff and students.

Everything You Never Wanted To Know (All Levels)
Presenters: Tammy Bunch and Glenda Fine, North Kansas City Missouri School District; Kansas City, MO
Monday, 10:00-11:00 a.m.; Parasol II
Over the past seven years, students and staff in our district have been faced with multiple tragic circumstances. The death of a school community member is a traumatic event. In this session, we will share our experiences and knowledge in providing support to the school as a whole following a traumatic event.
• Finding Joy ... in a Career, or Life! (All Levels)
  Presenter:  Cathy Westbury, Rockwood; Eureka, MO
  Monday, 10:00-11:00 a.m.; Room 70/71
  Participants will experience easy and fun ways to identify student strengths that are effective for
  kindergarteners or adults and then learn how to match them to Career Trekker/career paths in
  order to find joy in life. In addition, strategies for finding joy on a dark day will also be covered by
  using the book, What Color is Your Sand?

• Help Your Students Become FEARLESS in Their Quest to End Bullying and
  Start the Process for Your School to be Trauma Informed! (All Levels)
  Presenters:  Dr. M. Rene' Yoesel and Chrissy Bashore, DESE; Jefferson City, MO and Gay Baer,
  Pilot Grove School District; Pilot Grove, MO
  Monday, 10:00-11:00 a.m.; Redbud
  Learn about specific resources/materials available on the DESE website to help school
  counselors address anti-bullying, suicide awareness/prevention and the trauma-informed
  schools initiative. Hear an update and learn strategies from a successful trauma-informed pilot
  school and walk away with some great ideas and resources!

• Mindfulness in the Classroom (Elementary)
  Presenters:  Andrew Wideman and Marla Anderson, Park Hill School District; Kansas City, MO
  Monday, 10:00-11:00 a.m.; Parasol I
  We will explore ways to teach mindfulness to students and how to incorporate mindfulness
  techniques into everyday teaching. We will explore techniques that will help students and staff
  build skills such as focusing, regulating emotions, building confidence, connecting with others,
  and practicing self-control. You will leave with tools to use!

• Personalized Learning Through Flexible Scheduling: Discovering The Modern
  School (All Levels)
  Presenter:  Aaron Duff, Platte County School District; Platte City, MO
  Monday, 10:00-11:00 a.m.; Room 72/73
  Platte County High School has embarked on a journey to blend personalized learning and
  flexible scheduling. Through unique scheduling, and rethinking what it means to be a teacher,
  we believe this model has the potential to change the educational landscape. Together, we
  can recreate the learning experience to better meet the needs of students.

• Primitive Reflexes and Effects on Brain Development (All Levels)
  Presenter:  Julie Bailey, Columbia Brain Balance; Columbia, MO
  Monday, 10:00-11:00 a.m.; Drawing Room Terrace
  Primitive reflexes are automatic movements that are essential for normal childhood
  development, however, they sometimes overstay their welcome! Retained primitive reflexes may
  contribute to social, academic, and behavioral issues that seem challenging to address with
  typical academic tools. Understanding them and successful remediation is key!

• Seize the Opportunity of Dual Credit for Your Students (Secondary)
  Presenter:  Bretton M. DeLaria, Saint Louis University; St. Louis, MO
  Monday, 10:00-11:00 a.m.; Room 60/61
  A variety of early college academic programs exist, but not all are created equal. Dual credit
  has been around since the 1950s and has a long-standing tradition of excellence. Recently,
  state and federal authorities have discovered what dual credit providers knew all along: dual
  credit courses have a track record of academic excellence to save students time and money.
  Together we’ll explore the benefits, challenges, and best ways to leverage dual credit at your
  high school.
• Stop The Bleed (All Levels)
  Presenter: Jason Martin, HCA Midwest Division; Kansas City, MO
  Monday, 10:00-11:00 a.m.; Northwinds
  No matter how rapid the arrival of professional emergency responders are, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, therefore it is important to stop the blood loss. “Stop the Bleed” is a nationwide campaign to empower individuals to act quickly and save lives.

• Trauma, Brain States, and Learning, Oh My! (All Levels)
  Presenter: Liz Viele, Springfield Public Schools; Strafford, MO
  Monday, 10:00-11:00 a.m.; Crystal Ballroom
  Using a trauma-informed approach in schools is the foundation for building healthy individuals and effective learning environments. You will leave this workshop with skills and strategies to integrate what brain science has been showing us with how to facilitate positive growth and change in the classroom, the student, and yourself.

Breakout Session V: Monday, 11:15 to 12:15 p.m.

• Bullying & Beyond (Elementary)
  Presenters: Tammy Bunch and Glenda Fine, North Kansas City Missouri School District; Kansas City, MO
  Monday, 11:15-12:15 p.m.; Parasol II
  As counselors, we deal with bullying all the time. In this session, we will explore the Missouri law regarding bullying, discuss the school counselor’s response to bullying, identify ways to help a bully, and discuss problem-based learning with victims of bullying. Additionally, this session will explore the difference between rude/mean behavior and bullying, as well as teach students how to tell the difference.

• Capturing Their Future (All Levels)
  Presenter: Mike Berry, Poplar Bluff School District; Poplar Bluff, MO
  Monday, 11:15-12:15 p.m.; Room 72/73
  Mike Berry will present on how Poplar Bluff Junior High (State Leader in Missouri Connections usage, CKH National Showcase School, 1:1 Technology Integration) utilizes Missouri Connections, Capturing Kids’ Hearts, and technology to prepare our students for high school and beyond.

• College Admissions and Financial Aid Made Easy (Secondary)
  Presenters: Andrew Laue, Webster University; St. Louis, MO and Valerie Jensen, Saint Louis University; St. Louis, MO
  Monday, 11:15-12:15 p.m.; Room 63/64
  This workshop will provide practical, easy-to-understand information on the best ways to approach the college search process. Clear language, straightforward advice, and a common-sense plan based on each students’ needs will be emphasized. Making the financial aid process easy to understand will be given special attention.

Don't forget to complete your conference evaluations! For the Full Conference evaluation, visit http://tinyurl.com/MSCAeval17. To complete workshop evaluations, visit http://tinyurl.com/mscaworkshop17.
• College Fairs: Should you host one, do you host one, and what do the numbers show? (Secondary)
  Presenter: Jeff Buckman, Rockwood School District; St. Louis, MO
  Monday, 11:15-12:15 p.m.; Room 60/61
  With over 75 college fairs across the state of Missouri, are college fairs the best way for colleges to reach your students? Do your students actually attend a college fair and speak to the college reps? With MOACAC now partnering with StriveScan, a new scanning software for college fairs, we can provide the answer to these questions and show you the data! We’ll discuss the best way to host a fair or collaborate with other high schools, as well as how to increase student attendance at the fair. We’ll share what other schools are doing to make their fair attendance go through the roof, which in turn attracts more colleges to attend. That’s a win for everyone!

• Harnessing Peer Pressure to Create a Positive School Climate (All Levels)
  Presenters: Cynthia Wynn, Lindenwood University, St. Charles, MO; Judy Tindall, Ph.D. Psychological Network, Inc., St. Charles, MO; and Marilyn Bader, Consultant, St. Louis, MO
  Monday, 11:15-12:15 p.m.; Drawing Room Terrace
  Learn how to train your students to influence their peers in a positive way. ASCA “believes the effectiveness of school counseling programs is enhanced by the implementation of a peer support program which can help create a positive school culture and a connectedness to the school.” Learn the ways trained peers can make a difference in your school.

• Hiding in Plain Sight (All Levels)
  Presenter: Greg Holtmeyer, The Phoenix Project; Jefferson City, MO
  Monday, 11:15-12:15 p.m.; Room 76/77
  Although there are many studies concerning children and women who have been sexually abused, the study of males who have been sexually abused is still grossly inadequate. A first-hand look at the most under-reported crime against males, including long-term effects, treatments, and resources available.

• I Said I’m Doing the Best I Can! (All Levels)
  Presenter: Bobbe White, Try Laughter! Inc.; Quincy, IL
  Monday, 11:15-12:15 p.m.; Northwinds
  Overworked? Overwhelmed? Overcommitted? As a school counselor, do you find your heavy load daunting in today’s hurry-up, fix-me-up, world? Never before have such troubled students peppered our hallways and classrooms. Add to that, exhausted educators, burned out co-workers, demanding administrators, concerned communities, anxious — or uninterested — parents. It’s enough to make any counselor melt into a puddle of tears. Every day you give our schools your best. Do your family and friends get the rest? It’s not their fault they can’t imagine the intensity of your career, but then you carry the familial stress back to the office and you wonder why you can’t leave the baggage at home. It feels as if stress is riding with you in a revolving door; take it home, bring it back, take it home.

• Ignite A Healthier Me (Middle/Jr. High)
  Presenters: Lesa Levi, Platte County RIII School District; Platte City, MO and Heather Miller and Lauren Schweiss, EverFi
  Monday, 11:15-12:15 p.m.; Room 74/75
  Learn about online instructional resources that can help build a strong foundation in digital awareness and healthy lifestyles for your students. Teachers will gain access to a variety of resources that cover topics such as social-emotional learning, cyber-bullying, monitoring your digital footprint, technology overuse, alcohol and prescription drug awareness, building a balanced meal, and identifying a variety of physical activities. All resources are available at no cost to educators.
• Secondary & Post-Secondary 180 Graduate Follow-Up (All Levels)
  Presenter: Mike Griggs, Office of Data Systems Management, DESE; Jefferson City, MO
  Monday, 11:15-12:15 p.m.; Suite G
  Information and updates from DESE on how to properly report data for the required 180 follow-up. This session provides important information for all who report data to DESE.

• Set-Up To Play! (Elementary)
  Presenters: Robyn Fondren and Brittany Johnson, Springfield Public Schools; Springfield, MO
  Monday, 11:15-12:15 p.m.; Parasol I
  How do you fit all the roles of a school counselor into one office? From small groups to managing meltdowns; a setting focused on play therapy can create space for student success. These easy-to-manage tips and tricks will focus on organization, group play therapy, individual play therapy, and meeting sensory needs all in one counseling office.

• Supporting Diverse Students and Educators for School Improvement (All Levels)
  Presenters: Deb Woodard, UMKC; Kansas City, MO and Dana Owens, Topeka Public Schools; Topeka, KS
  Monday, 11:15-12:15 p.m.; Crystal Ballroom
  This session, presented by a school counselor and university professor, will help identify how improving the teaching and learning experiences of students and educators of color positively impacts the school climate for all.

• The Power of PAC (Secondary)
  Presenters: Jon Riethmeier and Katie Johnson, Lindbergh High School; St. Louis, MO
  Monday, 11:15-12:15 p.m.; Room 62
  They say it takes a village to raise a child. Here's how we used that philosophy to create a program that reaches every student in every way — PAC or our version of an advisory program. This session will cover how we incorporate mental health, course selection, future planning, and academic mentoring for the 2,000 students within our PAC program.

• We are FEARLESS in our Quest to HELP YOU! (All Levels)
  Presenters: Dr. M. Rene’ Yoesel and Chrissy Bashore, DESE; Jefferson City, MO and Carolyn Roof, Stephens College; Columbia, MO
  Monday, 11:15-12:15 p.m.; Redbud
  Hear about the DESE updated/new materials and initiatives, gain a better understanding of legislation that affects school counselors, and participate in an open discussion (courageous communication) regarding the critical needs of Missouri school counselors. Join this collaborative session to address your concerns/needs and begin the next steps!

• What 25 Years Has Taught Me: The Good, The Bad and The Uglier (All Levels)
  Presenter: Connie Simmons, Blue Springs Freshman Center; Centerview, MO
  Monday, 11:15-12:15 p.m.; Room 70/71
  A bluntly honest, irreverent, and serious take on what a school counselor experiences over a 25-year career. From blaming yourself after the first suicide, to trying to answer a first grader’s question about a juice bar in a town. (Answer: like an ice cream bar with fruit.)
• Anxiety Disorders in Children and Adolescents: Recognizing and Treating the Emerging Epidemic (Middle/Jr. High)
  Presenter: Alesha Roberson, Independence School District; Lees Summit, MO
  Monday, 1:30-2:30 p.m.; Room 74/75
  The increasing rate of stress and trauma to students has produced a shell-shock generation suffering from anxiety in many cases. The challenge for counselors is recognizing anxiety in students and helping them cope. Learn practical strategies that can be applied immediately.

• Cell Phones: What to do with them? (Secondary)
  Presenter: Mary Fry, MidAmerica Nazarene University; Olathe, KS
  Monday, 1:30-2:30 p.m.; Room 63/64
  Does cell phone usage contribute to the lack of social skills among middle school and high school students? This workshop will explore several school policies and the effect on school climate. School counselors can use this information to impact social and emotional development among students.

• College and Career Readiness: A K-12 Approach (All Levels)
  Presenters: Jessica Engler and Melissa Head, North Callaway; Kingdom City, MO
  Monday, 1:30-2:30 p.m.; Northwinds
  In this workshop, you will learn strategies and new ideas to implement a comprehensive career development from kindergarten through twelfth grade. We will cover topics such as guidance advisory council, community business partners, and college and career readiness events. See how implementation is possible and successful in K-8 and high school settings.

• Dealing with Irate Parents and Students (All Levels)
  Presenter: Mark Ruark, Saxony Lutheran High School; Cape Girardeau, MO
  Monday, 1:30-2:30 p.m.; Room 70/71
  This presentation has been a popular and well-attended session over the years. Mark Ruark will draw on his experiences and training as a certified CPI instructor and 22 years as a school administrator to provide verbal intervention tips and strategies to help deal with irate parents and students. The presentation also includes nonverbal tips.

• Effective College and Career Data Tracking Tools and Strategies for Student Success (Secondary)
  Presenters: Miranda Avant Elliott, Saint Louis Public Schools District; St. Louis, MO and Amber Mitchell, Jennings High School; Jennings, MO
  Monday, 1:30-2:30 p.m.; Room 62
  During this session, the presenters will discuss and demonstrate college and career readiness data tracking tools. Counselors will learn strategies to make data-driven decisions to improve student achievement and outcomes for post-secondary success.

• Effective Systemic Change in Educational Equity Through Collaboration (All Levels)
  Presenter: Dana Owens, Topeka Public Schools; Topeka, KS
  Monday, 1:30-2:30 p.m.; Drawing Room Terrace
  Systemic change is possible and effective in improving school climate and educational equity. Review the ongoing collaborative work to improve cultural competence and equitable practices. Leave with examples of equitable practice, presentation topics, and group activities. Topics include equity, collaboration, and PRoBE.
• Employer Panel (CTE)
  Presenter: Cassie Wilmes, Lake Career Technical Center; Camdenton, MO
  Monday, 1:30-2:30 p.m.; Suite G
  Join us to hear local employers discuss what they are looking for in hiring, training, and retaining new employees. A great Q&A opportunity for you to hear the latest trends in hiring.

• FEARLESS Conversation with the MSCA Directors (All Levels)
  Presenters: Dr. Shari Sevier, Missouri School Counselor Association, Ellisville, MO and Jill Hancock, Penman & Winton Consulting, Jefferson City, MO
  Monday, 1:30-2:30 p.m., Room 72/73
  Ever want to ask the MSCA directors questions about the organization, governance, issues regarding practice … or anything else? This is your chance — the MSCA directors will be your captive audience in this unscripted Q&A. Come and talk with us!

• Navigating the U.S. Military Academy Nomination and Application Process (Secondary)
  Presenters: Barbara Sams, Whitfield School; Creve Coeur, MO and Jaci Winship, Office of Congresswoman Ann Wagner of Missouri’s 2nd District; St. Louis, MO
  Monday, 1:30-2:30 p.m.; Room 60/61
  Sometimes applying to a college or university can seem daunting enough for students, parents, and counselors. When it comes to the process for the United States Military Academies, it feels like sometimes becomes all the time. The process is significantly different and complex. This session will give concrete information and tools to help high school counselors advise students and parents on managing both the congressional nomination process and the academy application process.

• Never Underestimate the Power of Picture Books: Why Bibliotherapy Belongs in Your Toolbox (Elementary)
  Presenter: Jeanie Ransom, Author; O’Fallon, MO
  Monday, 1:30-2:30 p.m.; Parasol I
  As an author, elementary school counselor, and child therapist, Jeanie has seen picture books do some amazing things. Learn why bibliotherapy works, how to use books in the classroom, small groups, and with individuals, as well as examples of how picture books made a difference. A list of topics and book recommendations will be provided.

• Play Therapy Across the Ages: Utilizing Play with Adults in Crisis Situations (All Levels)
  Presenters: Dr. Holly Wagner, Dr. Janice Ward and Dr. Kirsten LaMantia, Southeast Missouri State University; Cape Girardeau, MO
  Monday, 1:30-2:30 p.m.; Redbud
  The results of integrating play into counseling at each life stage are becoming clear and measurable. Play remains an important vehicle because it fosters numerous adaptive behaviors including creativity, role rehearsal, and mind/body integration. Participants will learn how play therapy can be used with adults and within crisis/trauma situations.

• School Counselor of the Year Best Practices (All Levels)
  Presenter: Sarah Dix, Hillsboro R-III School District; Hillsboro, MO
  Monday, 1:30-2:30 p.m.; Parasol II
  Come hear the best practices of Missouri’s school counselors of the year. This workshop highlights the great work of award-winning school counselors who are fearless!
• Technology Tips and Tricks to Enhance Your School Counseling Program (All Levels)
  Presenters: Cara Gruhala, Longview Farm Elementary; Lee’s Summit, MO and Dr. Janelle Cowles, University of Central Missouri; Warrensburg, MO
  Monday, 1:30-2:30 p.m.; Room 76/77
  Need a few extra minutes in your day? Looking for new methods to engage students? Want to increase or enhance your data collection? Join us for an overview of technological tools that can help you make the most of your program. Highlights include organizational tools, teaching tools, and tools for small group and individual work.

• The T in LGBT: The Counselor’s Role (All Levels)
  Presenter: Andy Schuerman, Park Hill School District; Riverside, MO
  Monday, 1:30-2:30 p.m.; Crystal Ballroom
  Transgender. Gender queer. Pangender. For students who are collectively called gender nonconforming (GNC), this workshop will define terms, provide an overview of the school climate and the legal landscape for GNC students, and the counselor’s role in supporting them. Bring your personal stories and questions to this interactive presentation!

Level Sharing: Monday, 2:45 to 3:45 p.m.
Please join other school counselors who are practicing in the same grade levels during the Level sharing time. During this session, you will be able to speak openly and share in discussions about issues that affect you directly. Each grade level sharing will be led by its MSCA Vice-President. This is a great time for you to ask questions, grab some new ideas, and empower others.
  • Elementary: Salon C
  • Middle/Jr. High: Parasol I
  • Secondary: Salon A
  • Post-Secondary: Room 72/73
  • Directors’: Parasol II
  • CTE: Suite G

Breakout Session VII: Tuesday, 8:30 to 9:30 a.m.
• A Case for Parenting Education: Based on ACEs Science (All Levels)
  Presenter: Rene Howitt, COPE24 … Changing Our Parenting Experience; St. Louis, MO
  Tuesday, 8:30-9:30 a.m.; Northwinds
  This hour-long workshop will expand upon staff’s current knowledge of trauma-informed education and trauma-informed therapy by exploring additional research from the Adverse Childhood Experiences (ACEs) study where these terms originated. Those working in the world of child advocacy or child welfare, continue to see the problems of dysfunctional families increase. Despite all the efforts put forth by the government and private agencies growth of this public health problem is defeating our nation. Through this workshop, your teachers and administrators will be informed of the depth of this problem.
• Adolescence = Temporary Insanity! (All Levels)
  Presenter: Richard McCoy, Dixon R-1 Middle School, Dixon, MO
  Tuesday, 8:30-9:30 a.m., Salon C
  Do you work with teenagers and ever wonder why they act the way they do? Come on our journey to discover what brain-based research says on adolescence and why crazy adolescent behavior is more normal than you think. Then learn how you can deal with it without losing your sanity!

• College Counseling in Small Rural Schools: How do these FEARLESS school counselors do it? (Secondary)
  Panelists: Rob Lundien, Park Hill South High School, Riverside, MO; Gay Baer, Pilot Grove Schools, Pilot Grove, MO; Melissa Millington, Willard R-2 School District, Willard, MO; and Tara Volk, Houston R-I School District, Houston, MO
  Tuesday, 8:30-9:30 a.m.; Room 60/61
  School counselors in smaller rural schools sometimes face unique challenges that require extra creativity in how they deliver college counseling services to their students. This presentation will feature a panel of FEARLESS school counselors highlighting their programs, activities, and best practices of how they help their students with the college planning process. Participants will take home several ideas to use with their own programs.

• Creating Positive Learning Environments for ALL Students Through School-Wide Positive Behavior Support (All Levels)
  Presenters: Susanna Hill, University of Missouri - Columbia; Springfield, MO and Lori Slater, MO SW-PBS Consultant at the Southwest Agency for Teaching; Springfield, MO
  Tuesday, 8:30-9:30 a.m.; Room 70/71
  School-wide positive behavior support has been around for almost 30 years! It’s a research-based framework for building social competence and positive learning environments for ALL students. Restorative practices, bully prevention, effective classroom practices and function-based thinking are among the many practices implemented within the framework.

• CTE Promotions and Conference Wrap-Up (CTE)
  Presenter: Laurie Woolfolk, Scott Regional Technology Center, Monett, MO
  Tuesday, 8:30-9:30 a.m., Suite G
  A round table discussion on how to promote your career center to recruit students, promote programs, and more. We will also briefly discuss the alignment of the MACS and MSCA conference.

• Data: Telling the Story of Occupational Demand (All Levels)
  Presenter: Ronda Anderson, Missouri Economic Research and Information Center; Jefferson City, MO
  Tuesday, 8:30-9:30 a.m.; Drawing Room Terrace
  Career and training choices can be difficult to navigate. Are certain jobs in demand? How much does the job pay? Who’s hiring? What is the growth potential? All of these questions and more can be answered with data found on the MERIC (Missouri Economic Research and Information Center) website. In this session learn about the types of data and information available and the story it tells about occupational demand.
• **ICU: How to be a Lifeguard for Your Students (Middle/Jr. High)**  
  Presenter: Teresa (Tess) Moore, Farmington R-7 Public Schools; Farmington, MO  
  Tuesday, 8:30-9:30 a.m.; Room 74/75  
  During this workshop, participants will learn how to rescue their students from failure by participating in an ICU (Intensive Care Unit) and receiving tutoring support. The current success rate at FMS is up to 80 percent in just a few months!

• **It Is Never Too Late to Join the Technology Revolution! (Elementary)**  
  Presenter: Judith Miner, Wilder Elementary; Springfield, MO  
  Tuesday, 8:30-9:30 a.m.; Parasol II  
  Ready to join the tech revolution? Make classes more exciting for you and your students — have data at your fingertips to check for understanding and program evaluation. Learn something new and have fun doing it by logging on and experiencing tech ideas you can take back and use right away. This old gal has some ideas for you!

• **K-2 Careers (Elementary)**  
  Presenter: Tiffany George, School of the Osage, Lake Ozark, MO  
  Tuesday, 8:30-9:30 a.m., Parasol I  
  What do you want to be when you grow up? Goal setting and career exploration for kindergarten to second grade students. This session will explore career resources for your youngest learners such as Paws in Jobland, Career Town on the iPad, and old-fashioned career bingo.

• **Mandated Reporter Training and Handling of Disclosures (All Levels)**  
  Presenters: Shandi Joubert-Kanz and Melissa Miller, The Child Center, Inc.; Hannibal, MO  
  Tuesday, 8:30-9:30 a.m.; Room 76/77  
  This training is for professionals who work with children. Program objectives: Legal responsibilities of mandated reporters types of abuse and neglect signs and symptoms handling disclosures making a hotline call.

• **School Counselor Self-Care: Meditation and Guided Imagery (All Levels)**  
  Presenter: Ryan Liberati, Webster University; St. Louis, MO  
  Tuesday, 8:30-9:30 a.m.; Crystal Ballroom  
  This workshop will discuss school counselor stress reduction through the practices of meditation and guided imagery. Research and practical applications will be discussed, as well as time provided for participant practice of skills learned.

• **Sheltered Reality — The Empowering Drumline (All Levels)**  
  Presenter: Jordan Fratt, Sheltered Reality Inc.; West Branch, IA  
  Tuesday, 8:30-9:30 a.m.; Redbud  
  Sheltered Reality, a nonprofit performance drumline, shares their interactive drum performance and anti-bullying message. The choreographed drumline shares a character education message that will not only benefit staff, but will also provide you with a great opportunity to take back to your school.
• Teaching Character Development Through Blended Learning (Post-Secondary)
  Presenter: Alesha Roberson, Independent School District; Independence, MO
  Tuesday, 8:30-9:30 a.m.; Room 72/73
  Educators will receive access to an innovative digital course focusing on character
development that is available at no cost. The course uses evidence-based strategies to
educate students on how to cultivate and maintain healthy relationships during their critical
middle and high school years, covering key concepts around positive character development.

• The Higher Education Core Curriculum Transfer Act and Its Impact on
  Secondary Schools (Secondary)
  Presenter: Rusty Monhollon, Missouri Department of Higher Education; Columbia, MO
  Tuesday, 8:30-9:30 a.m.; Room 62
  The Higher Education Core Curriculum Transfer Act requires the development of a 42-hour,
lower-division core curriculum accepted in transfer by all public colleges. It has important
consequences for dual credit and other early college programs. Understanding the act will
benefit counselors in guiding students to the proper post-secondary pathway.

• We are NOT Your Grandmother’s Home EC (Secondary)
  Presenters: Leone Herring, Carmen Heyer and Theresa Struemph, DESE, Jefferson City, MO
  Tuesday, 8:30-9:30 a.m., Room 63/64
  Family Consumer Sciences and Human Services has created a new look at programming
that supports a school districts’ APR, 180 day follow-up, TSAs/IRCs, dual credit, and core data
reporting. Course sequencing options provide entry-level courses for any student, career
exploration, programs of study in career pathways, and industry partnerships.
College is not for Everyone!

The “Earn While You Learn” option Registered Apprenticeship offers is a proven system for training employees in a variety of occupations that require a wide range of skills and knowledge. It is an ideal way for employers to build and maintain a skilled workforce.

Because Registered Apprenticeship is driven by businesses and industries and directly connected to solving their skill needs, it is positioned to continue to grow and expand to serve the needs of the 21st century workforce. Registered Apprenticeship combines employment, on-the-job learning overseen by a mentor and related technical instruction.

Most Apprenticeship programs are funded by the employers or employer associations therefore is at no cost to the Apprentice plus, they are employed and able to support themselves and family.

- Among students earning bachelor’s degrees in 2010-11 from either the public or private nonprofit four-year colleges at which they began their studies, the 60% who borrowed graduated with an average debt of $25,300. (College Board Advocacy & Policy Center)

For more information on Apprenticeships for Bricklayers, Masonry Restoration, Tile, Marble, & Terrazzo workers contact BAC Local 15 Apprenticeship & Training 816-595-4135 or visit our website at www.wetrainbac15.org
Becoming an Army officer allows you to empower and inspire others. When you lead Soldiers, you gain the skills to lead in life. What’s the best way to get there? The Army ROTC program at more than 1,100 colleges nationwide. You can get:

- Unmatched personal development
- Advanced career training
- Opportunities for scholarships
- The chance to be commissioned as an officer upon the completion of ROTC courses

Many of today’s public and private sector leaders in management, business, science, engineering and technology got their start with Army ROTC - so can you.

Army ROTC offers full tuition and room and board scholarships. For Army ROTC opportunities in Missouri, visit goarmy.com/rotc/msca17 or call (417) 836-5793.
**Building A & B**

(Meeting and Facilities Directional Map)

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**Building B Meeting Rooms**

**Crystal Ballroom**: On the 7th floor of Building A (floor above the Main Lobby) go down Market Lane, past all the gift shops, down three flights of stairs to the Social Lobby. At the Social Lobby, take the short flight of carpeted steps up to the Crystal Ballroom, on the left.

**Drawing Room Terrace**: On the 7th floor of Building A (floor above the Main Lobby) go down Market Lane, past all the gift shops, down three flights of stairs to the Social Lobby. At the Social Lobby, take the short flight of tile steps down, go past the entrance to the Black Bear Lodge Restaurant and the Bowling Alley. Proceed down the ramp, turn right and go straight ahead to the Drawing Room Terrace.

**Hawthorn**: On the 7th floor of Building A (floor above the Main Lobby) go down Market Lane, past the #1 Gift Shop. Hawthorn is on the right side of the hallway, across from Wood'n Ya Want It.

**Sycamore**: On the 7th floor of Building A (floor above the Main Lobby) go down Market Lane, past Wood'n Ya Want It. Sycamore is on your left before Lindee's.

**Magnolia**: On the 7th floor of Building A (floor above the Main Lobby) go down Market Lane, past all the gift shops, down one flight of stairs. Magnolia is on your right.

**Dogwood**: On the 7th floor of Building A (floor above the Main Lobby) go down Market Lane, past all the gift shops, down one flight of stairs. Dogwood is on your left.

**Cedar Cove**: On the 7th floor of Building A (floor above the Main Lobby) go down Market Lane, past all the gift shops, down two flights of stairs. Instead of going down the next flight of stairs to the Social Lobby, Cedar Cove is on your left.

**Eastwinds**: On the 7th floor of Building A (floor above the Main Lobby) go down Market Lane, past all the gift shops, down two flights of stairs. Instead of going down the next flight of stairs to the Social Lobby, go around to your left, up a short flight of steps. Eastwinds is on your right.

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**Building D Meeting Rooms**

**Northwinds**: Take the escalator or elevator from the Main Lobby to the catwalk to Building E. Cross the catwalk, walking to the 3rd level of Building E. Go left at Building E’s main corridor and exit into the stairwell. Exit the building using the door on your left. Go across the road and into Building D, entering through the double glass doors on your left. Northwinds is straight ahead.

**Suite G**: Take the escalator or elevator from the Main Lobby to the catwalk to Building E. Cross the catwalk, walking to the 3rd level of Building E. Go left at Building E’s main corridor and exit into the stairwell. Exit the building using the door on your left. Go across the road and into Building D, entering through the double glass doors on your left. Suite G is straight ahead, on your right.

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**Auditorium**

The Auditorium is a building on the waterfront. Proceed down our main road, toward the Marina and the Arrowhead Pool. When walking toward these areas, you will see the Playground. The Auditorium is located to the right of the Playground.

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**Having trouble with stairs?**

Take the connecting corridor from Building A to Building B. From Building A, go to the double elevators where the guest rooms are located and ride to level 4. Go through the guest room hallway, exiting at the end. Turn left and follow the hallway to Building B.
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Featuring Carol Buchholz Holland, Ph.D., NCC. Carol will be discussing solution-focused counseling strategies for school counselors.

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- Interested in exhibiting? Exhibitor registration is now open at moschoolcounselor.org. The early bird deadline is September 1, 2018.
- Participant registration will be available beginning on July 1, 2018.
- Watch the MSCA website for additional information regarding the 2018 Fall Conference coming soon.
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