School Violence
What's Going On?
How Can Counselors Help?

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Trivia That's Not Trivial
FBI – A Study of Active Shooter Incidents
• Schools are defined as PreK-12
• Incidents in educational facilities account for high casualties
• Recent highest death tolls – Virginia Tech, Sandy Hook Elementary, Northern Illinois University, Santana High School

Trivia That's Not Trivial
No law enforcement officers were killed or wounded when shootings occurred in school buildings...
• Over half were in school classrooms and hallways
• A few were in the school cafeteria, administrative offices, a school board meeting, in school when classes were not in session, and in hallways

Trivia That's Not Trivial
Majority were high school and middle school incidents
• Shooters were students at the school
• Elementary incidents did not involve students
• Casualties include students, administrators, teachers, other staff

Trivia That's Not Trivial
High School
• Most shooters were apprehended at the scene
• A few committed suicide at the scene
• One fled and committed suicide at another location

Trivia That's Not Trivial
Middle School
• A few were apprehended by police after being restrained by school employees
• A few committed suicide before police arrived
• One was apprehended by police at the scene

Trivia That's Not Trivial
Elementary School
• A few shooters were apprehended at the scene (1 was restrained by a private citizen)
• One shooter committed suicide at the scene after police arrived

Trivia That's Not Trivial
PreK - 12 School
• One incident resulting in 5 killed and 5 wounded
• Shooter committed suicide at the scene after police arrived
Restorative Practices

1. What is it?
2. What does it look like?
3. How might you begin?

It's about teaching – not punishing.

Discipline is a long-term process that leads students to become responsible.

Victim
Offender
Audience
Staff

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Types of MEETINGS

- 1. One person speak at a time.
- 2. Everyone has a chance to share.
- 3. Listen carefully.
- 4. Stay civil and respectful at all times.
- 5. Disagree, if necessary, but don't be disagreeable.
**Questions to Ask the Offender**
- What happened?
- What were you thinking of at the time?
- What have you thought about since the incident?
- Who has been affected by what you have done?
- In what way?
- What do you think you need to do to make things right?

**Questions to Ask The Harmed**
- What did you think when you realized what had happened?
- What impact has this incident had on you and others?
- What has been the hardest thing for you?
- What do you think needs to happen to make things right?

**Student Reflection**
- Reflective Essay
- Note of Apology
- Thoughts of Responsible Thinking

**Enhanced In School Suspension**
- Academic Support
- Counseling
- Reflective Essays
- Behavioral Contracts

**I'm in Control – Think Sheet**
- Examples of When I'm in Control
- Examples of When I'm Out of Control
- Decisions I've Made
- Decisions I Failed to Make
- How Might I Be More In Control
Write or draw a better choice.

Questions for Cooling Down
- What was the first thing that got to me?
- What did I feel like doing?
- What did I do?
- How did I try to control myself?
- What else might I have done?
- What could the teacher do to help?
- What will I do the next time?

Reintegrate
Look for ways to reintegrate the harm into the school community...
...don't forget to continue assisting the harmed.

Restorative Schools
Set the expectations and develop appropriate relationships so that students WANT to meet the expectations.

Ideas for Checking In...
- How are you feeling today?
- What was a highlight or low point of your weekend?
- What's something you’re looking forward to in school this week?
- What was the biggest challenge in completing your homework?
- What's something you need in order to have a successful day?

Ideas for Checking Out...
- What was your favorite thing about today?
- What are you looking forward to the rest of the day, this evening or weekend?
- Give a compliment to someone for something they did well.
- Talk about one of your academic goals and how you furthered that in class.