Missouri Comprehensive Guidance Program

Missouri School Counselor Association
Promotes Quality in Professional School Counseling
Guidance: A Vital Link to Excellence in Education

- Initial efforts to refocus guidance 1984
- Comprehensive guidance reaffirmed with Outstanding Schools Act 1993
- Manual revision 2002
- Student competencies revised to performance standards 2003
Students want to know...

Who am I?

Where have I been?

Where am I going?

What will I need to learn to get there?

Who helps me and how?

How can I change when change is required?

Where have I been?
What is the Missouri Comprehensive Guidance Program?
Missouri Comprehensive Guidance Program Elements

Organizational Framework

Structural Components
- Definition and Philosophy
- Guidance Program Facilities
- Advisory Council
- Guidance Resources
- Staffing Patterns
- Budget

Program Components and Sample Processes
- Guidance Curriculum
  - Structured Groups
  - Classroom Presentations
- Individual Planning
  - Appraisal
  - Educational & Occupational Planning
  - Placement
- Responsive Services
  - Individual Counseling
  - Small Group Counseling
  - Referral
  - Consultation
- System Support
  - Program Management
  - Program, Personnel, and Results Evaluation
  - Fair-share Responsibilities
  - Professional Development
  - Staff & Community Relations
  - Consultation
  - Committee Participation
  - Community Outreach
  - Research & Development

Content Areas
- Personal/Social Development
- Academic Development
- Career Development

Resources
- Human Resources
  - Counselors
  - Teachers
  - Administrators
  - Parents/Guardians
  - Students
  - Community Members
  - Business & Labor Partners
- Financial Resources
  - Budget
  - Materials
  - Equipment
  - Facilities
- Political Resources
  - School Board Policies
  - National, State & Local Laws, Rules & Regulations
  - Local School District Administrative Guidelines
  - Professional Association Statements & Ethical Standards
Program Components

Suggested Distribution of Total Counselor Time

<table>
<thead>
<tr>
<th></th>
<th>Elementary School</th>
<th>Middle/Jr. High School</th>
<th>High School</th>
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<tr>
<td>Guidance Curriculum</td>
<td>35-45</td>
<td>25-35</td>
<td>15-25</td>
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<tr>
<td>Individual Planning</td>
<td>5-10</td>
<td>15-25</td>
<td>25-35</td>
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<tr>
<td>Responsive Services</td>
<td>30-40</td>
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<td>25-35</td>
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<td>System Support</td>
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Counselor Time Allocation

Elementary School
- Guidance Curriculum: 15-25%
- Individual Planning: 10-15%
- Responsive Services: 25-35%
- System Support: 30-40%
- 5-10%

Middle / Jr. High School
- Guidance Curriculum: 15-25%
- Individual Planning: 10-15%
- Responsive Services: 25-35%
- System Support: 30-40%
- 5-10%

High School
- Guidance Curriculum: 15-20%
- Individual Planning: 15-25%
- Responsive Services: 25-35%
- System Support: 25-35%
- 5-10%
Guidance Content Standards

Levels K-12

Standards:

Personal and Social Development
- Understanding self as an individual and as a member of diverse local and global communities
- Interacting with others in ways that respect individual and group differences
- Applying personal safety skills

Academic Development
- Applying skills needed for educational achievement
- Applying the skills of transitioning between educational levels
- Developing and monitoring personal educational plans

Career Development
- Applying career exploration and planning skills in the achievement of life career goals
- Knowing where and how to obtain information about the world of work and post-secondary training/education
- Applying employment readiness skills and the skills for on-the-job success
Required Resources

Human

Facilities

Financial
Guidance Curriculum

Provides guidance content in a systematic way to all students K-12.

**Purpose**
Student awareness, skill development, and application of skills needed in everyday life

**Activities**
- Structured Groups
- Classroom Presentations
Guidance Curriculum articulated across levels...

- Understanding Self & Others
- Respecting Individual & Group Differences
- Personal Safety Skills
- Academic Success
- Career Awareness & Exploration
- Conflict Mediation

Elementary School
Guidance Curriculum articulated across levels...

Middle / Jr. High School

- Academic Success
- Social Skills/Conflict Mediation
- Valuing Diversity
- Personal Safety Skills
- Career Exploration & Planning
- Personal Educational Plans

Time Allocation

25-35%
Curriculum: articulated across levels...

- Academic Success
- Personal Educational Plans
- Career Exploration & Planning
- Post Secondary Resources/Options
- Social Skills
- Valuing Diversity

Time Allocation

15-20%
Individual Planning

Assists students in planning, monitoring, and managing their personal and career development.

Purpose
Student educational and career planning, decision making, and goal setting.

Activities
- Appraisal
- Educational & Occupational Planning
- Placement
Individual Planning

Elementary School

- Academic Support
- Career Awareness & Exploration
- Transitional Activities
Individual Planning

Middle/Jr. High School

- Academic Support
- Career Exploration & Planning
- Individual Educational & Career Plan
- Transitional Activities
Individual Planning

High School

- Individual educational & career planning
- Academic support
- Post-secondary options, funding opportunities, and other transitional activities
Responsive Services

Addresses the immediate needs and concerns of students

Purpose
Prevention, intervention

Activities
- Individual Counseling
- Small Group Counseling
- Consultation
- Referral
Responsive Services Time Allocation

- **Elementary School**: 30-40%
- **Responsive Services**
- **Middle/Jr. High School**: 30-40%
- **Responsive Services**
- **High School**: 25-35%
- **Responsive Services**
System Support

Includes program, staff, and school support activities and services.

Purpose
Program delivery and support

Activities

- Program Management
- Program, Personnel & Results Evaluation
- Fair Share Responsibilities
- Professional Development
- Staff & Community Relations Consultation
- Committee Participation
- Community Outreach
- Research & Development
System Support Time Allocation

Elementary School
- System Support: 10-15%

Middle/Jr. High School
- System Support: 10-15%

High School
- System Support: 15-20%
Research Supports: Comprehensive Guidance Impacts Student Success

- **Students earn higher grades** (Lapan, Gysbers & Sun, 1997).

- **Their education better prepares them for the future** (Lapan, Gysbers & Sun, 1997).

- **Their schools have a more positive climate** (Lapan, Gysbers & Petroski, 2001).

- **They have positive relationships with teachers** (Lapan, Gysbers & Sun, 1997).

- **They feel safer in school** (Lapan, Gysbers & Petroski, 2001).

- **Counselors spend more time with students, parents, and teachers** (Lapan, Gysbers & Blair, 1999).
A Fully Implemented Comprehensive Guidance Program in collaboration with parents/guardians, teachers, administrators and the community

- Supports the needs of all students
- Enhances academic success
- Provides for student individual and occupational planning
- Promotes a positive and safe learning environment
- Provides for program accountability

and…
Students Get Guidance and Direction!

Who am I?

Where have I been?

Where am I going?

What will I need to learn to get there?

Who helps me and how?

How can I change when change is required?

Where have I been?